



THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

Austin, TX
October 13 - 15, 2017



Yogacharya Durga Chunduri & Brahmachari Tapananda



Friday October 13

7:30 pm Public Lecture Open to All
The Little House of Love
1 Pillow Rd Austin TX 78745
Park at SunsetValleyElementary
Across Jones Rd

Love offerings are always welcome

Saturday October 14 **

8:30 am – noon Initiation
12:30 – 1:30pm Vegetarian Potluck hosted by Austin Center
Break
3:00 – 4:00 pm Technique Class
4:15 - 6:15 pm Spiritual Discourse + Guided Meditation **

Sunday October 15**

10:00 – 12:30 pm Technique Review & Meditation**
12:30– 1:30 pm Vegetarian Potluck hosted by Austin Center
Break
3:00 – 5:30 pm Spiritual Discourse + Guided Meditation **

Location: Saturday & Sunday @ Austin Kriya Yoga Center

The Little House of Love
1 Pillow Rd Austin TX 78745
Pink House at corner of Pillow and Jones

Register for Initiation: in person at Friday night lecture or via email

Initiation/what to bring: <http://austinkriya.wordpress.com/kriya-initiation>

**Sat & Sun may be attended only by those taking initiation or those already initiated in the lineage of Paramahansa Hariharananda & Paramahansa Prajnanananda.

Austin Kriya Yoga Center 512.785.7167 email: info@austin.kriya.org

<https://www.facebook.com/austinkriyayoga> & Blog <http://austinkriya.wordpress.com>

WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyuktेश्वarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA
(photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

