



Higher Kriya Retreat - Kriya Yoga Institute, Homestead, FL

Wednesday, April 17, 2013 to Sunday, April 21, 2013

Tentative Schedule of Events

Wednesday, April 17

5:30am Meditation
7:30 Breakfast & Clean-up seva
9:00 2nd Kriya Initiation
12:15 pm Lunch & Clean-up seva
2:00 Self-Study & Contemplation
4:00 Q&A Class
5:30 Break
6:00 Meditation
8:15 Dinner & Clean-up seva
9:30 Retire

Thursday, April 18 to Sunday, April 21

5:30am Meditation
7:30 Breakfast & Clean-up seva
9:00 Class
10:30 Meditation
12:15 pm Lunch & Clean-up seva
2:00 Self-Study & Contemplation
4:00 Q&A Class
5:30 Break
6:00 Meditation
8:15 Dinner & Clean-up seva
9:30 Retire