

THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

Denver, Colorado Jan 11-13, 2013



with

**Yogacharya Richard Peterson Baba and
Yogacharya Srinidhi Baba**

7:00 - 8:30pm

Friday, Jan 10

Public Lecture -
Kriya Yoga, the Ancient Science of Meditation
**Fire Station #11
Community Room**
2291 Joliet Street, Aurora, CO, 80014

8:30 - 12:30pm
4:00 - 7:15pm

Saturday, Jan 11

1st Kriya Initiation*
First Kriya Techniques Teaching and Meditation
**Fire Station #11
Community Room**
2291 Joliet Street, Aurora, CO, 80014

8:30 - 10am
10:15 - 12:15
2:30 - 4:30pm
4:30 - 7:00pm

Sunday, Jan 12

2nd Kriya Meditation**
Class on benefits and Meditation
Denver Ashram Meeting
Divine Talk, Q&A and Meditation
**5800 South Joplin Way,
Centennial, CO, 80015**

***Location Details will be provided during registration.**
Please email to kriya.colorado@gmail.com for any information.

**** Second Kriya Meditation is only for Kriyavans already initiated into Second Kriya**
Participants must already be initiated into Kriya Yoga in the lineage of Paramahansa
Hariharananda and Paramahansa Prajnanananda to attend the meditations.

WHAT IS KRIYA YOGA
Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)
filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyukteshwarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA
(photo on the left)
his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

