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KRIYA YOGA *Pathway to the Divine*



Program With Yogacharya Richard Peterson Temecula, CA Jan. 25 - 27, 2013

Free DVD Presentation – *Kriya Yoga: Pathway to the Divine* Friday, January 25, 2013 --7:00pm - 8:00pm Holistic Chamber of Commerce Temecula-Murreita 27431 Enterprise Circle West Temecula, CA 92590

INITIATION & WORKSHOP PROGRAM

Saturday, Jan. 26, 20139:00 am - 12:00 pm. - Initiation
3:00 - 6:30 pm - Technique class and Guided meditationSunday, Jan. 27, 20139:30 am - 12:00 pm - Class and Guided MeditationLunch will be served on both days

WORKSHOP LOCATION – Holistic Chamber of Commerce Temecula-Murreita 27431 Enterprise Circle West, Temecula, CA 92590

 To Register contact - Suresh 818-585- 6991

 Aumara 951-760-1432

 Shree 805-300-3968

 Email:

 info@losangeles.kriya.org

Kriya Yoga is non-sectarian and can be practiced by all people regardless of religious affiliation. Yogacharya Richard Peterson will initiate any sincere seeker into Kriya Yoga. During initiation, a purification ceremony will be performed to infuse the triple divine qualities of light, sound and vibration into each participant. Call for information on initiation and the weekend meditation workshop at **818-347-4796**, **805-300-3968 or visit www.kriya.org**.

What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



Paramahamsa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyukteshwar and Paramahamsa Yogananda, Paramahamsa Hariharananda spread Kriya Yoga to the East and West.