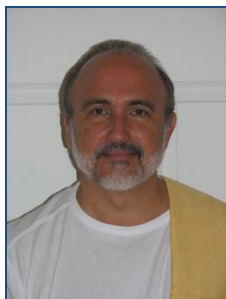


# The loving teachings of Kriya Yoga Refresher/Initiation Weekend Calendar for 2013

## Mother Center, Homestead, FL



*With Yogacharya  
 John Thomas Lopategui*

### 2013 Dates

Jan 26 & 27

Feb 23 & 24

March 9 & 10

April 6 & 7

May 4 & 5

June 8 & 9

July 27 & 28

Aug 24 & 25

Sept 7 & 8

Oct 19 & 20

Nov 16 & 17

Dec 14 & 15

### Typical Initiation Schedule:

#### Saturday

9.00am – 12.15 pm	Initiation Ceremony
12.15pm – 1.00pm	Lunch
1.00pm – 3.00 pm	Break
3.00pm – 4:45 pm	Teaching of Techniques
4:45pm – 5:00 pm	Break
5.00pm – 6.00 pm	Guided Meditation

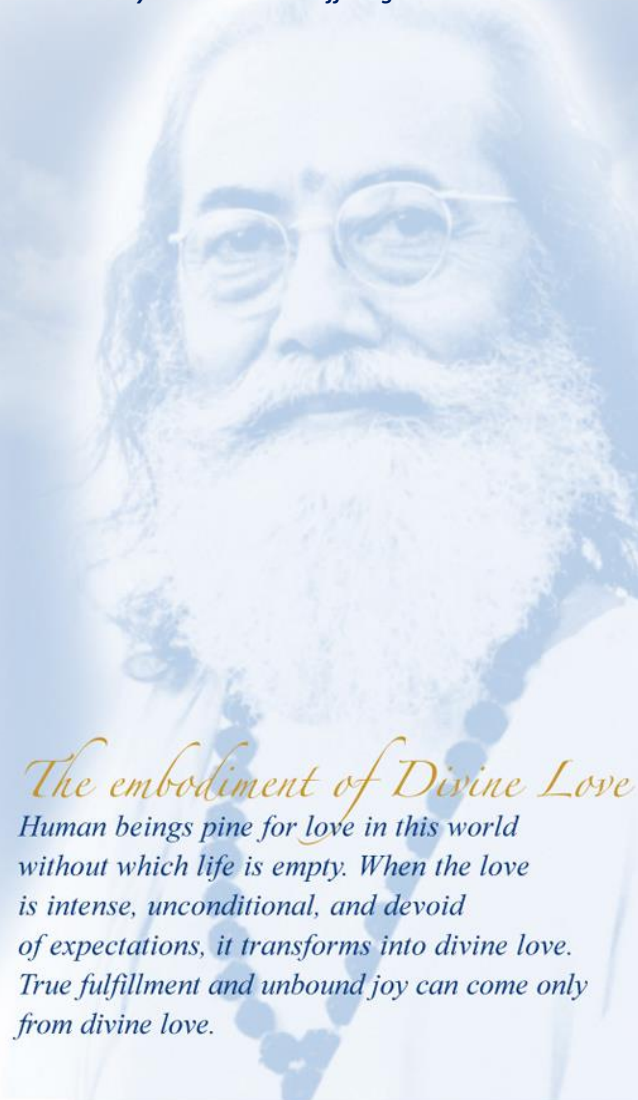
#### Sunday

9.00am - 10.15 am	Technique Review
10.30am- 11.00 am	Q & A
11.00am-12.00 pm	Guided Meditation
12.15pm -1.00 pm	Lunch
1.00pm – 3.00 pm	Break
3.00pm – 3.45 pm	Q & A
3.45pm – 4.00pm	Break
4.00pm -5.00 pm	Guided Meditation

**To Reserve Your Place Please  
 Call: 305-247-1960  
 or Email [institute@kriya.org](mailto:institute@kriya.org)**

Refresher Weekends help deepen your practice. You can attend the initiation ceremony, technique reviews, Q& A sessions and guided meditations. Kriyavans have shared with us that these weekends have proven to be really beneficial.

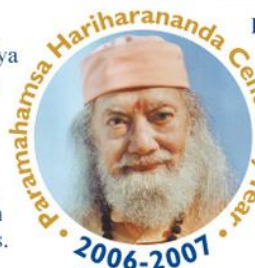
***Only those who are previously initiated or who are registered to be initiated may attend. There is no charge to attend for those already initiated – Love Offerings Welcome.***



*The embodiment of Divine Love  
 Human beings pine for love in this world  
 without which life is empty. When the love  
 is intense, unconditional, and devoid  
 of expectations, it transforms into divine love.  
 True fulfillment and unbound joy can come only  
 from divine love.*

### What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



### Paramahansa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyuktेश्वar and Paramahansa Yogananda, Paramahansa Hariharananda spread Kriya Yoga to the East and West.