## The 2013 Mountain Region Retreat - Registration Form La Foret Retreat Center, 6145 Shoup Road, Colorado Springs, CO 80908 May 10 – May 12, 2013

The retreat will be held in the La Foret Conference and Retreat Center (<a href="http://www.laforet.org">http://www.laforet.org</a>) located in the Rocky Mountains, 9000 ft above sea level, about 82 miles from the Denver International Airport. The retreat starts at 10 am on May 10<sup>th</sup> and continues till 5 pm on May 12<sup>th</sup>. Meal service begins with a lunch on May 10<sup>th</sup>. Participants are expected to stay for the entire duration of the retreat barring emergencies. One may reserve a seat in the retreat by sending a \$100 non-refundable deposit before March 15, 2013. The deposit will not hold your place past the registration deadline of April 10, 2013. All registration refunds after April 10, 2013 will be at the discretion of the Kriya Yoga Institute. The registration fee covers food and shared, but sex-segregated lodging. Late registrants not assigned a space at the retreat will receive a full refund. The retreat will be limited to the first 65 people registering. So please register as soon as possible.

The retreat is open only to Kriyavans who have been initiated by Baba Paramahamsa Hariharananda or his authorized representatives. **Please make all checks payable to Kriya Yoga institute** and send to Ragu Venkatesan, 2064 Lasalle St, Superior, CO 80027. For more information, contact Ragu at 303-554-9514 or email to kriya.colorado@gmail.com. Use a separate registration form for each registrant.

Name		Day and Evening Phone Numbers
Street Address		E-Mail Address
City	State and Zip	Choose One: , Male , Female
Emergency contact n	ame and phone numbers:	
Initiated into Paramal	namsa Hariharananda's linea	age: date by
I am already initia	ited into 2 <sup>nd</sup> Kriya	
Choose one of the re	gistration options below and	pay the corresponding amount(s):
Register me for the	ne 2013 retreat. I enclose \$275	5 before 4/10/13 or \$325 after 4/10/13.
Reserve a seat f 4/10/13 or \$225 after 4		nclose \$100 before 3/15/13. I will pay remaining \$175 by
Need Linens(She pillow for 15\$.	eets, blankets & pillows). The	e retreat center will provide me sheets, a blanket and a
		ne retreat, please select the days and the amount Sunday Only \$100
Please Note: You are	not registered until the appr	opriate full amount is paid.
I have special die	etary restrictions. I would like co	onsidered
Choose one: quiet sl	eeper , noisy sleeper . I	I would like to room with if possible

I will perform the following services for the retreat (choose as many you like; we'll inform the details):

- , Pick/drop out-of-state visitors from/to the airport , Host out-of-state visitors before/after the retreat
- , Bring snacks for the retreat, Bring flowers, Help in video recording, registration, audio recording, setup

## **Ride and Stay Request Form**

Note: Please fill this form only if you need a ride or a place to stay before or after the retreat

Name		
Day Phone Number_		
Evening Phone Num	nber	
Email address		
Do you need a ride f	rom or to the airport	? , Yes , No
If you need a ride fro	om or to the airport,	please provide the following details:
Arrival date	time	Airline and flight #
Departure date	time	Airline and flight #
(Note: We will try ou cannot provide a rid Are you renting a ca Are you car pooling	e) r? , Yes , No	ate to your schedule, and will inform you of alternatives if we
If Yes, , before the (Note: We will try ou		
Are you planning to	stay in a hotel? ,Be	fore the retreat ,After the retreat
If you need a ride fro	om or to the hotel, pl	ease provide the following details:
Name of the Hotel		
Address of the Hote	I	
(Note: We will try ou cannot provide a rid		ate to your schedule, and will inform you of alternatives if we
Feel free to contact	the Ride and Stay Co	pordinator directly:

Ragu Venkatesan Home: (303) 554-9514

Email: kriya.colorado@gmail.com