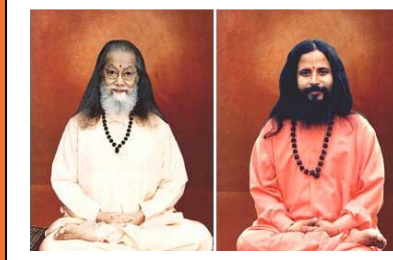


Learn the Kriya Yoga Meditation Technique

Learn to calm the mind



Paramahansa
Hariharananda

Paramahansa
Prajnanananda

Public Lecture on Kriya Yoga Meditation

Come and learn about this ancient meditation technique. Kriya Yoga is a yogic science and is the only yoga mentioned in Patanjali's Yoga Sutra. The same yoga described in the highly acclaimed international bestseller *Autobiography of a Yogi*, by Paramahansa Yogananda.

Friday, Feb 1, 7:30pm – 1 Pillow Road Road, Austin, TX 78745

Park across street at school

Kriya Yogacharya Srinidhi Baba, a disciple of living Kriya Master **Paramahansa Prajnanananda** and his Guru, **Paramahansa Hariharananda**, will lecture on the ancient science of Kriya Yoga and breath control. Those interested in Kriya Yoga Initiation, you may register for Saturday - Sunday initiation program at the Friday night lecture.



Yogacharya
SriNidhi Baba

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