

KRIYA YOGA

Pathway to the Divine



Lecture and Program

With

Yogacharya

Richard Peterson

Bakersfield, CA

Feb. 15 - 17, 2013

FREE PUBLIC LECTURE – *Kriya Yoga: Pathway to the Divine*

Friday, Feb 15th, 2013 --7:00pm - 8:30pm

Jesus Shack

1326 30th St. # B

Bakersfield, CA. 93301

INITIATION & WORKSHOP PROGRAM

Saturday, Feb. 16th, 2013 9:00 am – 12:00 pm. – Initiation*

3:00 pm – 6:00 pm – Technique review and Guided meditation *

Sunday, Feb. 17th, 2013 10:00 am – 12:00 pm – Class & Guided Meditation

2:30 pm – 4:00 pm – Q&A & Guided Meditation

Lunch provided on both the days

WORKSHOP LOCATION – **Jesus Shack**

1326 30th St. # B

Bakersfield, CA. 93301

CONTACT INFO - Sreedevi Gopalan 805-300-3968

Dr. Arun Keni 661-378-1237

Email: info@losangeles.kriya.org

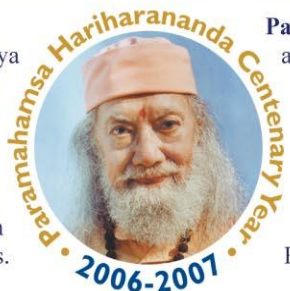
Kriya Yoga is non-sectarian and can be practiced by all people regardless of religious affiliation.

Yogacharya Richard Peterson will initiate any sincere seeker into Kriya Yoga. During initiation, a purification ceremony will be performed to infuse the triple divine qualities of light, sound and vibration into each participant. Call for information on initiation and the weekend meditation workshop at

818-347-4796, 901-414-2361 or visit www.kriya.org.

What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



Paramahansa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyuktishwar and Paramahansa Yogananda, Paramahansa Hariharananda spread Kriya Yoga to the East and West.