

KRIYA YOGA

Pathway to the Divine



Lecture and Program
With
Yogacharya
Richard Peterson
Los Angeles, CA
May 17th to 19th,
2013

PUBLIC LECTURE – *Kriya Yoga: Pathway to the Divine*

Friday, May 17, 2013 --7:30pm - 9:00pm
Emerson Unitarian Universalist Church
7304 Jordan Ave., Canoga Park, CA 91303

INITIATION & WORKSHOP PROGRAM

Saturday, May 18, 2013 9:00 am – 12:00 pm. – Initiation*
3:00 – 6:30 pm – Technique class and meditation *
Sunday, May 19, 2013 10:00 am – 12:00 pm – Class and First and Second Kriya Meditation
Pot luck lunch
2:30 pm – 5:00 pm – Q+A, Video Discourse, Meditation*

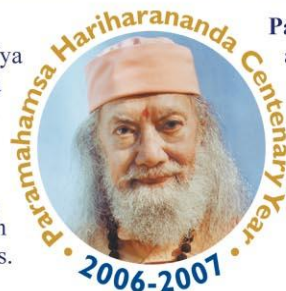
WORKSHOP LOCATION – 23905 Sylvan St. Woodland Hills, CA 91367

CONTACT INFO - Richard or Judy Peterson 818-347- 4796
Shree 661-808-3291
info@losangeles.kriya.org

Kriya Yoga is non-sectarian and can be practiced by all people regardless of religious affiliation. Yogacharya Richard Peterson will initiate any sincere seeker into Kriya Yoga. During initiation, a purification ceremony will be performed to infuse the triple divine qualities of light, sound and vibration into each participant. Call for information on initiation and the weekend meditation workshop at **818-347-4796, 661-808-3291** or visit www.kriya.org.

What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



Paramahansa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyukteshwar and Paramahansa Yogananda, Paramahansa Hariharananda spread Kriya Yoga to the East and West.