

THE ANCIENT, SCIENTIFIC TEACHINGS KRIYA YOGA



Toronto, October 25-27, 2013

**Swami Atmavidyananda Giri will be accompanied
by Brahmachari Kriyananda**

Venue: 35 Bales Avenue, Toronto, M2N 7L6

The building is on the south-east corner of Yonge and Sheppard.

Directions

From the TTC:

Exit at Sheppard station on the Yonge subway line. Take the exit for Poyntz Ave. Walk south on Yonge street towards Johnston Ave/Glendora. Turn left at Glendora. Then turn left at Bales Ave.

From the West:

Take 401 East, exit at Yonge street, continue on Yonge street north, turn first right at Avondale Ave then turn first left at Bales Ave.

From the East:

Take 401 West, exit at Yonge street, continue on Yonge street north, turn first right at Avondale Ave then turn first left at Bales Ave.

Parking: Underground parking available. After you reach the building you may halt the vehicle for 5 minutes and ask the concierge at the entrance of the building to open the underground garage door. Parking is also available on the side streets around 35 Bales Avenue. Please mention to the concierge that you have come for the meditation program at '35 Bales party room'.

Accommodation:

Two guest suites are available in the building on first-come-first serve. Cost: \$140 for two nights/ \$90 for one night. Not more than 2 guests allowed per suite.

Suggested Donation:

\$150 entire weekend

Friday \$20, Saturday \$65, Sunday \$65

Books will be available for sale.

Please bring CASH ONLY for donation and book sales

Swami Atmavidyananda Giri, a senior monk in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda, currently Vice President of Kriya yoga Institute, has been tirelessly teaching Kriya Yoga to sincere seekers for more than 7 years.

Swami Atmavidyananda was born Arvind Joshi in a traditional Brahmin family in 1971, in Bhopal, India. At an early age, the spiritual environment and guidance of his parents nurtured in him a sincere quest for God.

Upon completion of a degree in mechanical engineering, he met Paramahansa Hariharananda and, with his blessings, was initiated into Kriya Yoga in 1994, at Rourkela Ashram in India. After completing his professional responsibilities, in 2002, he dedicated his life fulltime to the cause of spiritual practice and joined the Hariharananda Gurukulam, Balighai under the auspices of Paramahansa Prajnanananda.

Under the directions of his Master, Paramahansa Prajnanananda, he travelled outside India in 2006 to teach Kriya Yoga in the west. Since then he has travelled extensively in North America, South America, Europe and Asia to guide seekers on the path of Kriya Yoga. He has also participated in and presided over a number of interfaith conferences, and delivered a number of lectures, television and radio talks on spiritual topics in USA, Canada, and South America.

Swamiji's calm demeanor and beautiful voice charm his audiences in the very first meeting itself. He provides loving instructions in a very logical and clear manner. He can speak in 6 languages and his desire to constantly pick up more languages and being able to talk to the people in their own language, has endeared him to people in different parts of the world. He was ordained as a monk in the Giri monastic order in February 2009 and given the name Swami Atmavidyananda, which means "bliss of Self-knowledge".

While primarily dedicated to the cause of Kriya Yoga, he is also an expert in astrology, eastern and western scriptures, other ancient yogic practices and Vedic ritual ceremonies. As a resident monk of the Kriya Yoga Institute, he resides in the Mother Center at Miami, USA.

LINEAGE OF MASTERS OF KRIYA YOGA

