



**KRIYA YOGA WORKSHOP AT DUBAI,  
22<sup>nd</sup> to 24<sup>th</sup> August 2013**

For official use

No. \_\_\_\_\_

**REGISTRATION FORM**

(1) Name (In capital):

(2) Name of Father/Spouse:

(3) (a) Gender: Male / Female (b) Marital status: Married / Unmarried

(4) Religion: Buddhist / Christian / Hindu / Jain / Muslim / Sikh / Any other.

(6) Date of Birth (DD/MM/YYYY)

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(7) Educational Qualification:

(8) (A) Occupation:

(B) Visa Status :

(9) Address:

(10) Mobile Phone:

(11) Email :

(12) Are you experiencing any of the following health conditions?

☐ High BP ☐ Heart Problem ☐ Back Pain ☐ Epilepsy ☐ Pregnancy ☐ Asthma

Others \_\_\_\_\_

(13) Have you undergone any psychiatric treatment? Yes / No

If Yes, Give details \_\_\_\_\_

(14) Are you currently on any prescribed medication? Yes / No.

If Yes, Give details \_\_\_\_\_

**( You are expected to take your medication on time, and if any special care is needed, please let us know )**

(15) Please mention any other program in the field of self-development you are practicing and/or teaching: \_\_\_\_\_

(16) State your area of expertise or interest that can be utilized for Kriya organizational work.

(17) I will join the weekly Group Meditation for one hour either on ( tick one):

(a) Friday at 7.30AM on Jumeirah Beach Road (b) Saturday at 6.00AM on Al Mankhool Road

**DECLARATION**

I declare that I am physically and mentally capable to participate in this program. I accept full responsibility for the outcome of my own participation and will hold no person or entity liable on any count. I will not teach any of the techniques of this course to anybody else unless otherwise I am officially authorized by Prajnana Mission.

DATE:\_\_\_/\_\_\_/\_\_\_

SIGNATURE\_\_\_\_\_

Affix your  
Photograph

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### **Useful Information for Kriya Yoga Empowerment programme**

- Kriya Yoga is a science of breath, asanas and meditation with a long lineage of accomplished masters and numerous satisfied practitioners spread all over the world. We welcome everybody to join this wonderful Kriya family irrespective of race or religion and sex.
- Please bring the following items with you for the process:
  - 5 different fruits, representing fruits of your own action (Karma).
  - 5 different flowers, representing the 5 senses.  
(We will arrange the fruits & flowers for you if you so desire. Please let us know)
  - Offering to Master: It represents the gross physical body. At the end of the empowerment programme, when you take a final bow before the Almighty and Swamiji, as a part of the tradition, to show your gratitude for giving you this unique Kriya gift, please offer guru Dakshina (any amount of our choice) to Swamiji.
  - 7 candles represent the fire inside each chakra to be purified and enlightened at the empowerment ceremony. (Candles will be provided. No need to bring.)
- Please avoid taking any food before empowerment (water / tea / coffee is OK to consume) before joining the programme on 3<sup>rd</sup> August, 2012. Hyper acidity & diabetic patients and others who are otherwise medically advised can take some light food.
- Have your bath & come with clean clothing. Maintaining cleanliness in body and mind helps in better absorption of the teaching. For practicing yoga asanas, please wear comfortable, loose clothing. Vestis & sarees are not suitable.
- Light lunch will be provided on 3<sup>rd</sup> August, 2012.
- For meditation practice, it will be better if you can bring a small mat or cushion on which you can sit comfortably and practice kriya techniques. In case, it is difficult please do not bother. We will try our best to provide padded mats to sit and practice on.
- Please be present at the venue on time.
- Avoid unnecessary talks & socialization to maintain concentration in purpose. If you will have to talk, talk in soft whispers.
- Empowerment process will be followed by guided meditation and kriya techniques practice.
- No fee as such is charged for the course. Expenses are mostly covered through voluntary donations. From our past experience we have seen that AED300 is incurred per participant. We therefore request you to make your own contributions as per your capability and wish.