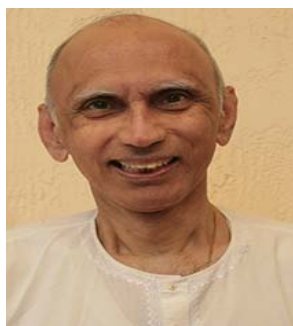


FRASER VALLEY KRIYA RETREAT SPIRITUALITY & MATERIALISM ACHIEVING FULFILLMENT IN BOTH

SURREY (VANCOUVER),
August 30 - September 01, 2013



With Yogacharya Bhadrayu Pandya and Yogacharya Durga Chunduri

Open to all kriyavans who are initiated into the lineage of
Paramhansa Hariharananda and Paramhansa Prajanananada

VENUE

200-10252 City Parkway, Surrey, BC V3T 4C2

Daily Program Fee: \$50/Day

Full Program Fee: \$150

(Including Breakfast & Lunch)

- * Topics from various scriptures will be delivered on how to lead a successful spiritual as well as worldly life!!!
- * Kriya techniques and its subtle benefits will be discussed in depth!
- * We will get an opportunity for deep uninterrupted Kriya practice in presence of Kriya Yogacharyas and a group of Kriyavans, practicing various levels of Kriya technique.
- * Great opportunity for contemplation and Self-Enquiry .
- * Opportunity to dive deep into the scriptural knowledge and realize the Truth.
- * Opportunity to share your experiences with the group, get clarity and evolve to higher levels of consciousness.

CONTACT

SadhnaKarigar@gmail.com

WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyuktेशwarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA
(photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

