



## Higher Kriya Yoga Retreat, April 26 – May 1, 2014

with Swami Samarpanananda Giri

Peter van Breukelen, Swami Mangalananda Giri and

Yogacharyas Claudia Cremers, Petra Helwig and Uschi Schmidtke



April 26, 2014	April 27 – May 1, 2014
<p>06:00 Meditation</p> <p>Frühstück / Breakfast Abwasch / Clean up</p> <p><b>10:00 Einweihung in den 2. Kriya/ Initiation into 2nd Kriya</b> Und / and Meditation</p> <p>Mittagessen / Lunch Abwasch / Clean up</p> <p><b>17:00 Vortrag -18:00 Lecture</b></p> <p>18:30 Meditation</p> <p>Abendessen / Dinner Abwasch / Clean up</p>	<p>06:00 Meditation</p> <p>Frühstück / Breakfast Abwasch / Clean up</p> <p>08:30 Seva*</p> <p><b>09:30 Fragen &amp; Antworten -10:30 Question &amp; Answer</b></p> <p>11:00 Meditation</p> <p>Mittagessen / Lunch Abwasch / Clean up</p> <p>15.00 Video</p> <p><b>17:00 Vortrag -18:00 Lecture</b></p> <p>18:30 Meditation</p> <p>Abendessen / Dinner Abwasch / Clean up</p>
* Seva = freiwillige Mithilfe / selfless service	

## **Retreat Information:**

Accommodation at the Kriya Yoga Centre available.  
(more bedded rooms / dormitory)

Vegetarian cuisine.  
Mealtimes: after the morning, noon and evening meditation.

This unique retreat at the Kriya Yoga Centre Vienna is a rare opportunity to learn and deepen your practice of the Higher Kriyas. Kriyavans will have the opportunity to learn and practice the advanced Kriyas, get clarifications on the techniques, as well as receive spiritual teachings and get insight into the deeper wisdom hidden in the scriptural texts.

All who have been initiated in any of the Higher Kriyas by authorized teachers of the lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat. Second Kriya initiations are planned for those Kriyavans who have been practicing First Kriya for at least three years and have received permission prior to the retreat. Please contact us for more information about the initiation.

### **For the initiation into 2nd Kriya you need:**

One rose flower with stem, one fruit and a donation of € 200,-.

Please bring blankets and cushions. Loose and comfortable clothing is recommended.

### **Payment:**

We have 2 payment options:

- a) € 57,50 per day, which includes the seminar fee, overnight accommodation at the ashram and all meals or
- b) € 45,- per day, which includes the seminar fee and all meals only

After your registration you will receive a confirmation email.

For Kriyavans who would like to stay overnight, a non-refundable payment of € 50,- is due in advance in order to reserve your accommodation.

**After receiving the confirmation of your registration** please pay this amount via bank transfer to one of the following bank accounts:

#### **Bank data Austria:**

receiver: Kriya Yoga Zentrum Wien

reference: Higher Kriya retreat

Bank: BAWAGPSK

IBAN: AT 36 6000 0000 74201787

BIC: OPSKATWWXXX

Bank address: A-1018 Wien, Georg Cochplatz  
2, Austria

#### **Bank data Germany:**

#### **For German Kriyavans only!**

receiver: Kriya Yoga Zentrum Wien

reference: Higher Kriya retreat

Bank: Commerzbank

IBAN: DE 29 5004 0000 0803 0538 00

BIC: COBADEFFXXX

*Concessions available on request*

*For any other requirement and/or exception to the general rules and guidelines, please contact us.*



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