



West Coast Kriya Retreat -2014

(Celebrating the 40th year of Gurudev's journey to the West)

Los Angeles, CA August 1st – 3rd, 2014

It has been 40 years since our beloved Gurudev has come to the West to lead us all on the path of God-Realization. On this happy and significant occasion, Southern California Kriya Center lovingly invites you all to a Retreat* themed around Gurudev and the spiritual importance of worshipping Guru's Sandals expounded through Guru Paduka Stotram, led by our dear Swami Atmavidyananda Giri and Yogacharya Richard Peterson.



Highlights of the Retreat

Discourses on Guru Paduka Stotram
Deep meditation sessions
Tours to Kriya significant Spiritual places
Warm-up exercises - "Sun Salutations"



When

☪ Aug 1st – 3rd, 2014

Where

☪ Aldersgate Retreat Center, 925 Haverford Avenue,
Pacific Palisade, CA 90272

Contact for Registration

Shree @ (661) 808-3291 (or)
bakersfieldkriya@gmail.com

The embodiment of Divine Love
Human beings pine for love in this world without which life is empty. When the love is intense, unconditional, and devoid of expectations, it transforms into divine love. True fulfillment and unbound joy can come only from divine love.

**Reserved for the Kriyavans already initiated under the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda only.*

What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



Paramahansa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyukteshwar and Paramahansa Yogananda, Paramahansa Hariharananda spread Kriya Yoga to the East and West.