

THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

Toronto, October 31 to November 02, 2014

Venue:

**29 Regal Pine Court
Maple, ON, L6A 2M5
Ph: 905 303 6161**

(Home of Kriyavans Joni and Krishna Prashad)

Directions:

From the West:

Take 401 East, follow 400 N and exit at 37 to Teston Rd. Take the third right onto Cranston Park Ave. At the roundabout take the third exit onto Drummond Dr. Turn right onto Regal Pine Ct.

29 Regal Pine Ct is on the left.

From the East:

Take 401 West, follow 400 N and exit at 37 to Teston Rd. Take the third right onto Cranston Park Ave. At the roundabout take the third exit onto Drummond Dr. Turn right onto Regal Pine Ct.

29 Regal Pine Ct is on the left.

Parking:

Street parking is available.

Swami Atmavidyananda Giri, a senior monk in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda, currently Vice President of Kriya yoga Institute, has been tirelessly teaching Kriya Yoga to sincere seekers for more than 7 years. Swami Atmavidyananda was born Arvind Joshi in a traditional Brahmin family in 1971, in Bhopal, India. At an early age, the spiritual environment and guidance of his parents nurtured in him a sincere quest for God.

Upon completion of a degree in mechanical engineering, he met Paramahansa Hariharananda and, with his blessings, was initiated into Kriya Yoga in 1994, at Rourkela Ashram in India.

After completing his professional responsibilities, in 2002, he dedicated his life fulltime to the cause of spiritual practice and joined the Hariharananda Gurukulam, Balighai under the auspices of Paramahansa Prajnanananda. Under the directions of his Master, Paramahansa Prajnanananda, he travelled outside India in 2006 to teach

Kriya Yoga in the west. Since then he has travelled extensively in North America, South America, Europe and Asia to guide seekers on the path of Kriya Yoga. He has also participated in and presided over a number of interfaith conferences, and delivered a

number of lectures, television and radio talks on spiritual topics in USA, Canada, and South America.

Swamiji's calm demeanor and beautiful voice charm his audiences in the very first meeting itself. He provides loving instructions in a very logical and clear manner. He can speak in 6 languages and his desire to constantly pick up more languages and being able to talk to the people in their own language, has endeared him to people in different parts of the world. He was ordained as a monk in the Giri monastic order in February 2009 and given the name

Swami Atmavidyananda, which means "bliss of Self-knowledge". While primarily dedicated to the cause of Kriya Yoga, he is also an expert in astrology, eastern and western scriptures, other ancient yogic practices and Vedic ritual ceremonies. As a resident monk of the Kriya Yoga Institute, he resides in the Mother Center at Miami, USA.

Yogacharya Suresh Kodollikar was initiated into Kriya Yoga by Paramahansa Hariharanandaji in 1975 and authorized to teach Kriya Yoga in 1979. His wife, Niva, comes from a family in Odisha, India, where Kriya Yoga has been practiced by five generations. Yogacharya Suresh worked as an architect and retired in 2012. Since then he and his wife, Niva, live in Delaware. He travels to various parts of North America to teach Kriya Yoga. His more than 35 years of Kriya Yoga practice while leading a householder life brings inspiration to many seekers.