

the ancient science of breath and meditation



Kriya Yoga is the universal spiritual discipline that crosses all boundaries to cultivate body, mind and awareness of the soul. This August, we are offering the unique opportunity to learn more about, as well as experience, this sacred practice.

**August 15th - 17th, 2014**

fri. 7pm - 8.30pm | sat. 8am - 12pm & 5pm - 8pm  
sun. 9am - 12pm & 4:30pm - 7:00pm

**Registration Contact**

(901) 286-2325  
info@memphis.kriya.org

[www.kriya.org](http://www.kriya.org)

taught under the lineage of the realized masters



location and partner of the event



2091 madison ave, memphis 38104

*Delta Grove yoga*