



Retreat in Assisi 05th - 12th June 2015

Fundraising for the expansion of the Kriya Yoga Centre Vienna

with Swami Mangalananda Giri

Yogacharya Claudia Cremers

Yogacharya Petra Helwig

Yogacharya Uschi Schmidtke

We would like to invite you to a 7-day retreat - held in English - in the old town of Assisi. The city is the birthplace and burial place of both St Francis of Assisi and St Clare.

In this inspiring environment amidst the Umbrian hills, we will have the opportunity to meditate and enjoy in silence these holy places blessed by St Francis.

We are planning to visit - on foot, if possible - the following places:

The Basilica with the crypt, the Churches Santa Chiara and San Damiano, The Eremo delle Carceri, (Hermitage of St Francis) and the Basilica in Santa Maria degli Angeli.

Accommodation is at the „Casa di Accoglienza Santa Elisabetta D'Ungheria" (Piazza del Vescovado 5, Assisi) next to the Church of Santa Chiara in the centre of town.

(<http://www.terziario-santaelisabetta.com>)

Registration form

Surname:

male:

female:

Name:

Address:

Tel:

Email:

Date of initiation/ by KY teacher:

If appropriate, the date of II. Kriya initiation/teacher:

The Seminar starts on 5th June in the evening (check-in afternoon)
and ends on 12th June after lunch.

Fundraising contribution for Ashram Expansion: € 285,-

**Cost for overnight stay in shared room accommodation & full board
(vegetarian) for 7 days & travel costs for our teachers: € 510,-**

(of which a deposit of € 110,- is due in advance)

The sum of € 395,- should reach us by 30th November 2014 the latest.

(It contains the fundraising contribution of € 285,- and the deposit for board and lodging of € 110,-, which we have to pay in advance). Please see below for the account details.

The remaining amount of € 400 is due by 15th April 2015.

Please see below for the account details.

Transport costs for excursions, snacks and drinks etc. are not included in the price.

In case of cancellation, we can only give a refund, if a substitute participant is found.

<p>Receiver: Kriya Yoga Zentrum Wien (1150 Wien, Diefenbachgasse 38/6) Bank name: BAWAG PSK IBAN: AT 36 6000 0000 74201787 BIC: OPSKATWWXXX Reference: „Retreat Assisi“</p>

Travel: each participant is responsible for his/her own travel arrangements

+ **Flights** to Perugia (16km from Assisi), Rome (187km from Assisi; cheaper options available) or Florence (176km from Assisi), then take the train to Assisi

+ **By train:** www.oebb.at, www.bahn.de, www.trenitalia.com

From Assisi train station there are regular **busses to Assisi** old town (exit Purto Nuova) or **taxis**

+ **By Car:** route planner: <http://www.viamichelin.de>, <https://maps.google.com> etc.

Please send the completed registration form to:

Kriya Yoga Zentrum Wien, Pottendorferstr. 69, 2523 Tattendorf, Austria **OR**

Via email: kyc@kriya.eu

(If you need to send the registration via post you may send us a short Email or give a call +43 2253 81491 in order to reserve your place in time