

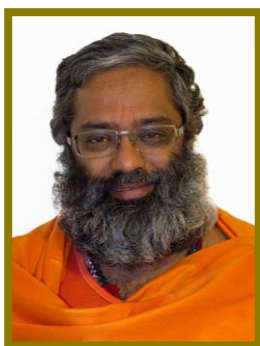


## Higher Kriya Yoga Retreat, May 5 - 10, 2015

with Swami Achalananda Giri

Peter van Breukelen, Swami Mangalananda Giri and

Yogacharyas Claudia Cremers, Petra Helwig and Uschi Schmidtke



May 05, 2015		May 06-10, 2014	
05:45	Chanten / Chanting	05:45	Chanten / Chanting
06:00	Meditation	06:00	Meditation
08:00	Frühstück / Breakfast Abwasch / Clean up	08:00	Frühstück / Breakfast Abwasch / Clean up
10:00	<b>Einweihung in den 2. Kriya/ Initiation into 2nd Kriya und/ and Meditation</b>	08:30	Seva*
13:00	Mittagessen / Lunch Abwasch / Clean up	09:30	<b>Fragen &amp; Antworten -10:30 Question &amp; Answer</b>
15.30	Video	11:00	Meditation
17:00	<b>Vortrag -18:00 Lecture</b>	13:00	Mittagessen / Lunch Abwasch / Clean up
18:30	Meditation	15.30	Video
20:30	Abendessen / Dinner Abwasch / Clean up	17:00	<b>Vortrag -18:00 Lecture</b>
		18:30	Meditation
		20:30	Abendessen / Dinner Abwasch / Clean up
* Seva = freiwillige Mithilfe / selfless service			

## **Retreat Information:**

Accommodation at the Kriya Yoga Centre available. (more bedded rooms / dormitory)	Vegetarian cuisine. Mealtimes: after the morning, noon and evening meditation.
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This unique retreat at the Kriya Yoga Centre Vienna is a rare opportunity to learn and deepen your practice of the Higher Kriyas. Kriyavans will have the opportunity to learn and practice the advanced Kriyas, get clarifications on the techniques, as well as receive spiritual teachings and get insight into the deeper wisdom hidden in the scriptural texts.

All who have been initiated in any of the Higher Kriyas by authorized teachers of the lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat. Second Kriya initiations are planned for those Kriyavans who have been practicing First Kriya for at least three years and have received permission prior to the retreat. Please contact us for more information about the initiation.

### **For the initiation into 2nd Kriya you need:**

One rose flower with stem, one fruit and a donation of € 200,-.

Please bring blankets and cushions. Loose and comfortable clothing is recommended.

## **Registration:**

For registration please send us an email including: date / time of arrival / departure and if you need accommodation at the Centre.

## **Payment:**

Payments are due in advance before the seminar and we have 2 price options:

- a) € 64,- per day, which include the seminar, the over-night stay at the ashram and all meals or
- b) € 51,- per day, which include the seminar and all meals only

In the event of a cancellation there is a non-refundable fee of 10% (max. € 15,-)

**After registration and confirming your seminar contribution, please transfer the indicated amount to the following account:**

### **Bank data Austria:**

receiver: Kriya Yoga Zentrum Wien

reference: Higher Kriya 2015

Bank name: BAWAGPSK

IBAN: AT 36 6000 0000 74201787

BIC: OPSKATWWXXX

Bank address: A-1018 Wien, Georg Cochplatz 2, Austria

*Concessions available on request*

*For any other requirement and/or exception to the general rules and guidelines, please contact us.  
and/or exception to the general rules and guidelines, please contact us.*



SEMINAR PLACE: KRIYA YOGA CENTRE VIENNA

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