

## The loving teachings of Kriya Yoga Refresher/Initiation Weekend Calendar for 2015

Mother Center, Homestead, FL



With Yogacharya John Thomas Lopategui

#### **2015 Dates**

#### Jan 24 & 25

### Mar 21 & 22

May 09 & 10

June 13 & 14

July 11 & 12

Aug 15 & 16

Sept 12 & 13

Oct 24 & 25

Nov 21 & 22

Dec 12 & 13

#### **Typical Initiation Schedule:**

#### Saturday

08:30am - 09:00am Registration

09.00am – 12.15pm Initiation Ceremony

12.15pm - 01.00pm Lunch

03.00pm – 04:45pm Teaching of Techniques

05.00pm - 06.00pm Guided Meditation

#### Sunday

09.00am - 10.15am Technique Review

10.30am - 11.00am Q & A

11.00am – 12.00pm Guided Meditation

12.15pm - 01.00pm Lunch

03.00pm - 03.45pm Q & A

04.00pm - 05.00pm Guided Meditation

To reserve your place contact us.

Phone: 305-247-1960

Email: institute@kriya.org

riharanano,

Refresher Weekends help deepen your practice. You can attend the initiation ceremony, technique reviews, Q& A sessions and guided meditations. Kriyavans have shared with us that these weekends have proven to be really beneficial.

Only those who are previously initiated or who are registered to be initiated may attend. There is no charge to attend for those already initiated – Love Offerings Welcome.

# The embodiment of Divine Love

Human beings pine for love in this world without which life is empty. When the love is intense, unconditional, and devoid of expectations, it transforms into divine love. True fulfillment and unbound joy can come only from divine love.

#### What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.

#### Paramahamsa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyukteshwar and Paramahamsa Yogananda, Paramahamsa Hariharananda spread Kriya Yoga to the East and West.