

the ancient science of breath and meditation



Kriya Yoga is the universal spiritual discipline that crosses all boundaries to cultivate body, mind and awareness of the soul. Please join us to learn more about, as well as experience, this sacred practice.

introductory presentation

february 20th, 2015

7.00 - 8:00pm

DVD presentation of a talk given
by HHParamahansa Prajnanananda
Giri.

workshop

march 6th-8th, 2015

fri. 7pm - 8.00pm | sat. 9am -12pm & 5pm - 8pm

sun. 9am -12pm & 5:00pm –

7:30pm

learn & experience Kriya Yoga

registration contact

(901) 286-2325 or info@memphis.kriya.org

www.kriya.org

taught under the lineage of the realized masters



location of the events

Shady Grove Presbyterian Church, 5530 Shady Grove Road, Memphis, TN 38120