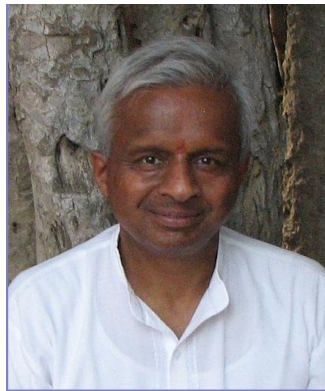
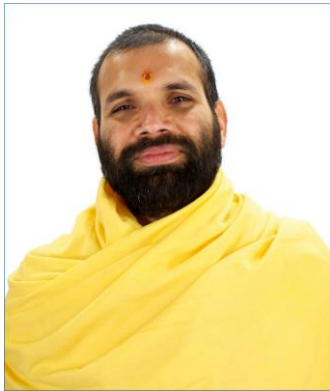


WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.

THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

Denver, Colorado
April 24 - 26, 2015



with **Brahmachari Kriyananda and
Yogacharya Srinidhi Baba**



Friday, April 24

Fire Station #11, 2291 S. Joliet Street, Aurora, CO 80014

7:00 - 8:30pm Public Lecture -
Kriya Yoga: The Ancient Science of Meditation

Saturday, April 25

15446 E. Dorado Avenue, Centennial, CO 80015

8:30am - 12:30pm 1st Kriya Initiation
12:30 - 2:30pm Vegetarian Lunch Served
2:30 - 6:00pm First Kriya Techniques Teaching & Meditation

Sunday, April 26 - Kriya Intensive

15446 E. Dorado Avenue, Centennial, CO 80015

8:30am - 10am 2nd Kriya Meditation*
10:15am - 11:30am Q&A on 1st Kriya and Benefits of First Kriya
11:40am - 12:40pm 1st Kriya Meditation
12:40 - 2:30pm Potluck Vegetarian Lunch
2:30 - 4:30pm Divine Talk and Q&A
4:40 - 6:00pm 1st Kriya Meditation

Please email kriya.colorado@gmail.com for any information.

* Second Kriya Meditation is only for Kriyavans already initiated into Second Kriya

Participants must already be initiated into Kriya Yoga in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda to attend the meditations.



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyuktishwarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA
(photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

