### SCIENCE OF KRIYA YOGA AND STRENGTHENING

## MIND POWER

Toronto, October 16 to October 18, 2015

## Venue:

31 Acqua Drive
Woodbridge, ON, L4H 3L1
(Home of Kriyavans Rukhmini Singh and Roger Barrett)

## **Directions:**

#### From the West:

Take 401 East, follow 400 N and exit at 33 to Rutherford Rd. Turn left onto Rutherford Rd/ York Regional Rd 73. Turn right onto Fossil Hill Drive. Turn left onto La Rocca Ave. Turn right onto Acqua Drive.

31 Acqua Drive will be on the right.

#### From the East:

Take 401 West, follow 400 N and exit at 33 to Rutherford Rd. Turn left onto Rutherford Rd/ York Regional Rd 73. Turn right onto Fossil Hill Drive. Turn left onto La Rocca Ave. Turn right onto Acqua Drive.

31 Acqua Drive will be on the right.

# Parking:

Street parking is available.

#### Yogacharya Srinidhi Baba

began practicing Kriya Yoga in 1988. He later met his Guru Paramahamsa Hariharananda in New York in 1992 and meditated with the group there, and later in the Homestead Ashram in Florida. Those moments with his Guru were extremely precious, enlightening, blissful, and a time when he received his Guru's immense love, compassion, and direction. Srinidhi and his wife Prathima started the Denver Kriya Yoga Center in 1995, and as center leaders have organized several Mountain Region Kriya Yoga retreats and fundraisers for Hariharananda Balashram. Srinidhi Baba was authorized to teach Kriya Yoga in May 2007.

Yogacharya Srinidhi Baba received a Ph D in Computer Science in 1982 from the Southern Methodist University, Dallas, Texas. He currently works as a principal software architect for a telecommunications company. He has a son and a daughter.