



## **Initiation program with Swami Mangalananda Giri**

**When:** Friday - Sunday, 5-7 of February 2016

**Where:** OM Filosofi, Klarag. 7 in Malmö

### **Friday February 5th**

19.00 Kriya Yoga open lecture. Entré 100 SEK

### **Saturday February 6th**

09.00 Initiation

13-15 Lunch break.

15-17 Teaching of techniques and meditation

### **Sunday February 7th**

08.30 2nd Kriya Meditation

11-13 Teaching of techniques and meditation (1st Kriya)

13-15 Lunch break

15-17 Kriya Yoga meditation

### **Please bring:**

5 fruits, 5 flowers and 1500 SEK

Comfortable clothing and something soft to sit on  
(chairs are available)

Welcome!

**OBS!** If you have any questions regarding the initiation program, please contact Peter at [peter.strinno@gmail.com](mailto:peter.strinno@gmail.com) or by calling +46 70-49 41 911