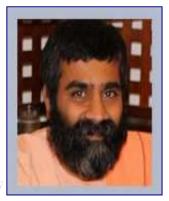
Kriya Yoga: Meditation

Pathway to the Divine May 13th to 15th 2016

Chatsworth, CA





Swami Purnatamananda & Yogacharya Richard Peterson

Friday, May 13

Free Public Lecture – Followed by Q&A 7:00-8:30 pm

Location

Param Yoga - Healing Arts Center 21750 Devonshire Street

Chatsworth, CA 91311

Saturday, May 14

Registration and Initiation 9:00-12:30 pm

Lunch 12:30-3:00 pm

Techniques Class 3:00-4:30 pm

Meditation 5:00-6:00 pm

Sunday, May 15

New Student Technique Review 9:00-11:00 am

Meditation 11:00-12:00 pm Lunch 12:00-2:30 pm

Discourse/Q&A 2:30-3:30 pm Meditation 4:00-5:00 pm

Initiation Program location

Param Yoga – Healing Arts Center 21750 Devonshire Street Chatsworth, CA 91311

Information

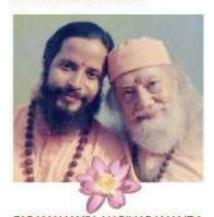
818-585-4866, info@losangeles.kriva.org 818-257-4872 New Initiates are expected to attend 3 meditation sessions.

The Saturday and Sunday program may only be attended by those initiated into Kriya Yoga in the lineage of Paramahamsa Hariharananda and Paramahamsa Prajnanananda.



WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, kri, is done by yo, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA (1907-2002) - (photo on the right)

filled with purity and love, came from a long unbroken line of masters. ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyukteshwarji and Paramahamsa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAINANANANDA (bhoto on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS



