

## THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

**Toronto, July 08 to July 10, 2016**

### Venue:

**339 Traders Blvd. E**

**Mississauga, ON, L4Z 2E5**

**Closest Intersection: Kennedy Rd and Hwy401**

**(Venue provided by Kriyavans Jatinder and Seema Gupta. Contact no: (647) 299 0504)**

### Directions:

#### **From the West:**

**Take Hwy 401 East, exit at Hurontario Street. Turn South on Hurontario Street. Turn left onto Traders Blvd E.**

**339 Traders Blvd E is on the left.**

#### **From the East:**

**Take Hwy 401 West, exit at Hurontario Street. Turn South on Hurontario Street. Turn left onto Traders Blvd E.**

**339 Traders Blvd E is on the left.**

### Parking:

**Parking is available at the front of the building.**

Swami Atmavidyananda Giri, a senior monk in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda, currently Vice President of Kriya yoga Institute, has been tirelessly teaching Kriya Yoga to sincere seekers for more than 7 years.

Swami Atmavidyananda was born Arvind Joshi in a traditional Brahmin family in 1971, in Bhopal, India. At an early age, the spiritual environment and guidance of his parents nurtured in him a sincere quest for God.

Upon completion of a degree in mechanical engineering, he met Paramahansa Hariharananda and, with his blessings, was initiated into Kriya Yoga in 1994, at Rourkela Ashram in India. After completing his professional responsibilities, in 2002, he dedicated his life fulltime to the cause of spiritual practice and joined the Hariharananda Gurukulam, Balighai under the auspices of Paramahansa Prajnanananda.

Under the directions of his Master, Paramahansa Prajnanananda, he travelled outside India in 2006 to teach Kriya Yoga in the west. Since then he has travelled extensively in North America, South America, Europe and Asia to guide seekers on the path of Kriya Yoga. He has also participated in and presided over a number of interfaith conferences, and delivered a number of lectures, television and radio talks on spiritual topics in USA, Canada, and South America. Swamiji's calm demeanor and beautiful voice charm his audiences in the very first meeting itself. He provides loving instructions in a very logical and clear manner. He can speak in 6 languages and his desire to constantly pick up more languages and being able to talk to the people in their own language, has endeared him to people in different parts of the world.

He was ordained as a monk in the Giri monastic order in February 2009 and given the name Swami Atmavidyananda, which means "bliss of Self-knowledge". While primarily dedicated to the cause of Kriya Yoga, he is also an expert in astrology, eastern and western scriptures, other ancient yogic practices and Vedic ritual ceremonies. As a resident monk of the Kriya Yoga Institute, he resides in the Mother Center at Miami, USA.