

Registration Form

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***COMPLETE THIS FORM &
MAIL IN WITH PAYMENT**



Kriya Yoga - East Coast Regional Retreat Sharpsburg, Maryland - August 26-28, 2016

"Making Friendship with Mind through Kriya Yoga"

Please join us for an inspirational 3-day retreat in the peaceful, natural surroundings of Shepherd's Spring retreat center, 1.5 hours from Baltimore, MD and Washington DC. This is a rare opportunity for extended uninterrupted reflection, guided meditations, classes and opportunities for one-on-one time with our three highly advanced Kriya Yoga teachers, Yogacharyas Suresh Kodolikor, David Strassner and John Williams. Guruji's book Know Your Mind will be used as a reference/companion as we explore the retreat topic "*Making Friendship with Mind through Kriya Yoga*". Although not required, reading it in preparation and bringing it along may enrich the experience.

The 3-day retreat begins at 10:30 a.m. on Friday August 26th and concludes at 2:00 pm on Sunday, Aug. 28, 2016.

We will continue the tradition of "observing silence" for a portion of the retreat. Participants will be observing silence from 9pm Friday until 6pm Saturday.

Registration includes 2 nights lodging in hotel-style accommodations and 7 vegetarian meals served in the dining hall. Morning and afternoon snacks: fruit, tea, juice and water are also included. All retreat activities including the large meditation meeting room, dining hall, and sleeping accommodations are located within the modern Lodge facility. Guest rooms are double occupancy (2-twin beds) w/ private bath, towels and linens included.

Retreat Location: Shepherd's Spring Outdoor Ministry Center, 16869 Taylors Landing Road, Sharpsburg, MD 21782, phone 301-223-8193, www.shepherdsspring.org.

Reside On-site: To reap the highest benefits from the retreat, participants are requested to stay on-site for all lodging and meals throughout the weekend.

Initiates: *This retreat is open to those individuals who have been initiated into the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda.*

PLEASE COMPLETE:

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

E-mail Address: _____

Home Telephone: _____ Mobile Telephone: _____

Emergency contact name and phone numbers: _____

Initiated into the lineage of P.Hariharananda and Prajnanananda: 1st Kriya - date: _____ by: _____

_____ I am initiated into 2nd Kriya: date: _____ by: _____

_____ I have special dietary restrictions: (describe) _____

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Registration Rates & Dates: Space is limited to 35. All registrations are on a first-come basis.

*The registration rate is a fixed per-person rate and will remain the same whether you attend the entire retreat or a portion of it. Please choose options below and pay the corresponding amount(s).

Complete a separate form per each person.

_____ Registration **paid by July 24th** is **\$300.00** per person/double occupancy. (*early registration rate*)

_____ Registration **paid after July 24th** is **\$325.00** per person/double occupancy.

All registrations are **due by August 10th** in order for us to provide a final count to the retreat center.

Gender: Male /Female (circle one) Double occupancy rooms. Same gender roommate will be assigned unless both parties indicate the same roommate request on their registration form. Married couples will room together.

Roommate request: Name: _____

Please help in our planning by telling us, as accurately as possible, when you expect to arrive, and when you expect to depart.

I arrive: Date: _____ Time: _____

I depart: Date: _____ Time: _____

Registration & Payment:

*Registration is not guaranteed until both registration and payment are received.

Please make check(s) payable to: **Kriya Yoga Institute** with “**East Coast Retreat 2016**” on memo.

Please mail the registration form with check to:

John Herczeg
9640 Huntmaster Rd.
Gaithersburg, MD 20882

I will abide by Shepherd's Spring's policy and procedures and maintain a responsible code of conduct at the East Coast Retreat.

Registrant's Signature: _____ **Date:** _____

CONTACT: Please refer any questions to info@baltimore.kriya.org

Center Leaders: Denise Hunt 410-451-5506 (h) or 410-980-5769 (mobile)
John Herczeg, 301-216-0017 (h) or 240-678-8460 (mobile)

NOTE:

1. We will have a mini Bookstore set up at the retreat with check and cash only purchases.
2. Both chairs and cushions will be available. Please feel free to bring your own cushion.
3. Local Kriyavans bring a SHEET to help cover the meditation hall floor and additional cushions if you have them.