



INSTITUTE

KRIYA YOGA INITIATION PROGRAM

Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines.

Free Public Talk

Kriya Yoga - An Ancient Science of Meditation

Friday, Jan 6, 2023, 6:00 PM to 7:30 PM

Initiation Session

Saturday, Jan 7, 2023, 8:30 AM - 5:15 PM

Initiation, Technique Teachings, and Guided Meditation

Sunday, Jan 8, 2023, 8:30 AM - 4:00 PM

Technique Review, Q&A, and Guided Meditations

Initiation Offerings for Jan 7-8, 2023:

TBA at the Public Talk and on confirming your online registration.

Location: 2414 E Prince Rd, Tucson, AZ 85719



Yogacharya Kaushal Gokli

Initiated into Kriya Yoga in 1992 by Paramahansa Hariharanandaji in Cincinnati, Ohio. Instructed by Paramahansa Prajnananandaji to guide, initiate, and teach Kriya Yoga in 2017. Professor in the Department of Engineering at Harvey Mudd College. Previously held positions of General Manager, VP of Manufacturing, and VP of Product Development in multinational corporations.



For event details and registration:

<https://kriya.org/event-details/6457/en>

