

The pathway to realization

KRIYA YOGA



A Kriya Yoga Intensive With Swami Vairagyanandaji & Swami Tapasyanandaji

Saturday, August 5

Intensive Day 1

9:00-10:00 AM – Guided Meditation
10:15-11:15 AM – Lecture on Pathway to realization
11:30-12:30 AM – Guided Meditation

Lunch Break

1:30-3:30 AM – Lecture on Pathway to realization
3:30-4:30 AM – Guided Meditation

Sunday, August 6

Intensive Day 2

9:00-10:00 AM – Guided Meditation
10:15-11:15 AM – Lecture on Pathway to realization
11:30-12:30 AM – Guided Meditation

Lunch Break

1:30-2:30 AM – Lecture & Q/A
2:30-3:30 AM – Guided Meditation

For more Information Memphis-tn@kriya.org or (901) 626 3667

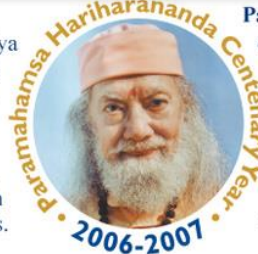
Location 10320 Shrewsbury Run West
Collierville, TN 38017

Registration \$50/participant , visit <https://kriya.org/event-details/6495/en>

The embodiment of Divine Love
Human beings pine for love in this world
without which life is empty. When the love
is intense, unconditional, and devoid
of expectations, it transforms into divine love.
True fulfillment and unbound joy can come only
from divine love.

What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



Paramahansa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-secular meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyuktishwar and Paramahansa Yogananda, Paramahansa Hariharananda spread Kriya Yoga to the East and West.