



KRIYA YOGA INITIATION PROGRAM

Kriya Yoga is an ancient meditation technique that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines.

Free Public Talk

Kriya Yoga - An Ancient Science of Breath and Meditation

Fri, Apr 12, 2024, 7:00 PM to 8:30 PM

Initiation Session*

Sat, Apr 13, 8:30 AM - 6:00 PM

Initiation Ceremony, Technique Teachings, and Guided Meditation

Sun, Apr 14, 2024, 8:30 AM - 4:30 PM

Technique Review, Q&A, and Guided Meditations

**Initiation Offerings and other details: Will be provided while confirming your online registration and at the Public Talk.*

 **11414 S Apopka Vineland Rd, Orlando, FL 32836.**



Swami Chidrupananda Giri

One of the senior monks at Kriya Yoga Institute. Has been teaching Kriya Yoga since 2006.



For event details and registration:
<https://kriya.org/event-details/6965/en>



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