



Kriya Yoga Initiation and Retreat Program

25-29 October 2024 SuSesi Atölye, İzmit

with

Swami Chidrupananda Giri and Swami Paripurnananda Giri



PROGRAM

25 October Friday

- 12:00 Hotel check-in
- 16:00 Meditation (for Kriyavans)
- 18:00 Dinner
- 20:00 Kriya Yoga introductory speech

26 October Saturday

- 07:00 Initiation
- 10:30 Breakfast
- 13:00 Technic class
- 16:00 Meditation
- 17:30 Dinner
- 20:00 Meditation
- 21:00 Camp Fire

27 October Sunday

- 07:30 Meditation
- 09:00 Breakfast
- 11:00 Seminar
- 14:00 Seminar
- 16:00 Meditation
- 17:30 Dinner
- 19:30 Awake / Yogananda Documentary
- 21:00 Camp Fire

28 October Monday

- 07:00 Vedic healing ceremony / Agni Homa Hotra
- 07:45 Meditation
- 09:00 Breakfast
- 11:00 Seminar
- 14:00 Seminar
- 16:00 Meditation
- 18:00 Dinner
- 20:00 Documentary
- 21:00 Camp Fire

29 October Tuesday

- 07:30 Meditation
- 09:00 Breakfast
- 11:00 Hotel check-out

25-29 October 2024 SuSesi Atölye, İzmit



- 4 nights 5 days accommodation / Half board prices including breakfast and dinner. Accommodation fee: 336 Euros per person in a room for 4 person

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TR60 0001 5001 5800 7319 4152 59

Vakifbank

- Donation for initiation: 130 Euro for the entire program

Kriya Yoga Zentrum Wien

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