

Temple of Compassion Inauguration Program Schedule

September 23 through Sept 25 or 26, 2016

DAY 1 – Sept 23

9:00 am – 3:00 pm – Registration, Ashram Tours, Seva, Silent Meditation
3:30 – 4:30 pm Opening Ceremony
4:45 – 5:45 pm Discourse
5:45 – 6:15 pm Puja
6:15 – 7:45 pm Meditation and Arati
8:00 – 9:00 pm Dinner and Cleanup
9:00 – 9:30 pm Bonfire, Bhajans

DAY 2 – Sept 24

5:15 – 5:45 am Asana Class
5:45 – 7:15 am Meditation
7:30 – 8:15 am Breakfast and Cleanup
8:30 – 9:30 am Seva
9:30 – 10:30am Discourse
10:45 – 12:00 Meditation
12:15 – 1:45 pm Lunch and Cleanup
1:45 – 3:00 pm Rest/Contemplation/Seva
3:00 – 4:00 pm Garden Walk or Seva
4:30 – 6:00 pm Discourse or Q&A
6:15 – 7:45 pm Meditation and Arati
8:00 – 9:00 pm Dinner and Cleanup
9:00 – 9:30 pm Bonfire, Bhajans

DAY 3 – Sept 25

5:15 – 5:45 am Asana Class
5:45 – 7:15 am Meditation
7:30 – 8:15 am Breakfast and Cleanup
8:30 am -12:30 pm Fire Ceremony/Puja/Meditation
12:30 – 2:00 pm Lunch and cleanup
2:00 – 3:00 pm Rest/Contemplation/Seva
3:00 – 4:00 pm Discourse or Q&A
4:00 – 6:00 pm Closing Ceremony, Bhajans
6:15 – 7:45 pm Meditation and Arati
8:00 – 9:00 pm Dinner and cleanup

DAY 4 – Sept 26

We hope you can stay for an extra day to enjoy more meditation, contemplation, *seva*, and divine company in the beautiful lap of Mother Nature. There will be many activities still going on regarding the start-up of this new ashram.