

THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

Denver, Colorado. August 5-7, 2016



with

**Yogacharya Srinidhi Baba, Swami Purnatmananda Giri
& Brahmachari Dhyanaanda**

Friday, August 5th

*7:00 – 9:00 pm - Public Lecture - Open to All
Kriya Yoga, The Ancient Science of Meditation
~ Donations Welcome ~*

Saturday August 6th

8:30 am Registration for Initiation
9.00 am – 12:00 pm – Initiation
Potluck vegetarian lunch
3:00 – 5:00 pm – Technique class
5:15 – 6:15 pm – Guided Meditation

Sunday, August 7th

9:00 – 10:15 am – Technique Review & Q&A
10.30 am – 11: 30 am – Guided Meditation
11:30 am-12:00 pm – Spiritual Discourse
Potluck vegetarian lunch
3:00-4:00 pm – Technique Benefits
4:15-5:15pm – Guided Meditation & Close

LOCATION

Temple of Peace, 5925 W 1st Ave., Lakewood, CO – 80226.

CONTACT

Phone +1 303-923-8895

Email info@denver.kriya.org website www.templeofpeace.co

*Saturday & Sunday activities are for new and current initiates
in the lineage of
Parmahamsa Hariharananda and Paramahamsa Prajnanananda.*



WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA
(1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyukteshwarji and Paramahansa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJNANANANDA
(photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

