



## Temple of Compassion

12200 FM 389, Burton, Texas 77835

Inauguration Event – Sept 23<sup>rd</sup> to Sept 25<sup>th</sup> or 26<sup>th</sup>, 2016



### What to Wear / Bring

Texas weather can be hot and humid, and you'll need to drink a lot of water to stay hydrated. We will have drinking water available, but if you bring your own water bottle to refill, it will eliminate waste. It is also advisable to bring sunscreen and some eco-friendly bug repellent for mosquitos and no-see-ums. We ask that you bring only biodegradable soaps and shampoos to protect our environment, and bring a towel for showering.

Please wear modest dress suited to the meditative atmosphere. Back, chest, legs, arms, etc. should be decently covered. Wear long pants and shirts with sleeves (elbow length is okay). Aerobics type attire, transparent attire, tank tops and shorts are not appropriate. Bring flip-flops or slip-on shoes, but also bring more protective shoes suitable for walking if you plan to walk through the pastures or down by the creek. Other necessities include a flashlight and, if you're staying in the dormitory, some earplugs and an eye mask.

Please do not bring expensive jewelry or valuables. Neither the Kriya Yoga Institute nor the Temple of Compassion will be responsible for loss of any jewelry or valuables.

We are working on making padded meditation mats for up to 150 guests, because the floor of the meditation hall may not be carpeted yet. We are also working on making or buying meditation cushions for everyone. If we are unable to raise the necessary funds (around \$12,000) then we will let you know so you can bring your own. There will also be some chairs available to sit in during meditation, discourses, and meals.

### Do you need a ride from the airport?

You might be able to carpool with others who are coming. If you can offer a ride, or if you need a ride, post a message in the "Ride and Room Sharing" section of the event page at [http://kriya.org/calendar\\_event.php?id=3519](http://kriya.org/calendar_event.php?id=3519) We also have a few volunteers who will pick people up at the airport. Punitha Ma / [prshivakumaran@gmail.com](mailto:prshivakumaran@gmail.com) or call (817) 508-0232

### Do you have special dietary restrictions?

Please email Chetna Mathur at [csmhome2000@yahoo.com](mailto:csmhome2000@yahoo.com) or call (512) 331 7536 if you have any food allergies or special dietary needs.

## Parking

There will be plenty of parking available at the ashram, and areas will be clearly marked. We ask that you park only in the areas identified. Parking attendants will provide guidance as necessary.

## Questions?

General Program Information: Leah Ma / [tazlean77@gmail.com](mailto:tazlean77@gmail.com)

Registration and Room Assignments: Punitha Ma / [prsivakumaran@gmail.com](mailto:prsivakumaran@gmail.com)

## Tentative Program Schedule

*(Activities and time slots are subject to change. Check for an updated schedule upon arrival.)*

### **DAY 1 – Sept 23**

9:00 am – 3:00 pm – Registration, Ashram Tours, Seva, Silent Meditation

3:30 – 4:30 pm Opening Ceremony

4:45 – 6:00 pm Discourse

6:15 – 7:45 pm Meditation and Arati

8:00 – 9:00 pm Dinner and Cleanup

9:00 – 9:30 pm Campfire, Bhajans

### **DAY 2 – Sept 24**

6:00 – 7:15 am Meditation

7:30 – 8:15 am Breakfast and Cleanup

8:30 – 9:30 am Seva

9:30 – 10:30am Discourse

10:45 – 12:00 Meditation

12:15 – 1:45 pm Lunch and Cleanup

1:45 – 3:00 pm Rest/Contemplation/Seva

3:00 – 4:00 pm Garden Walk or Seva

4:30 – 6:00 pm Discourse or Q&A

6:15 – 7:45 pm Meditation and Arati

8:00 – 9:00 pm Dinner and Cleanup

9:00 – 9:30 pm Bhajans

### **DAY 3 – Sept 25**

6:00 – 7:15 am Meditation

7:30 – 8:15 am Breakfast and Cleanup

8:30 am -12:30 pm Fire Ceremony/Puja/Meditation

12:30 – 2:00 pm Lunch and cleanup

2:00 – 3:00 pm Rest/Contemplation/Seva

3:00 – 4:00 pm Discourse or Q&A

4:00 – 6:00 pm Closing Ceremony, Bhajans

6:15 – 7:45 pm Meditation and Arati

8:00 – 9:00 pm Dinner and cleanup

### **DAY 4 – Sept 26**

We hope you can stay for an extra day to enjoy more meditation, contemplation, *seva*, and divine company in the beautiful lap of Mother Nature. There will be many activities still going on regarding the start-up of this new ashram.

## Driving Directions

### From Houston George Bush International Airport (IAH):

Get on TX-8 Beltway W/Sam Houston from John F Kennedy Blvd. Drive for about 11.5 miles on TX-8

Take the exit onto US-290 W toward Austin. Drive for about 57.3 mi

Take the Farm-To-Market Road 389 exit. Turn left onto FM389 W/Prairie Lea St

Continue to follow FM389 W for about 10.5 mi

The Ashram will be on your right - 12200

### From Houston Hobby Airport (HOU):

Get on I-45 N from Airport Blvd and Monroe Rd

Take exit 48B on the left for Interstate 10 W toward San Antonio. Merge onto I-10 W

Take exit 763 for Interstate 610 South S/Interstate 610 North N and merge onto I-610 N

Take the exit toward US-290 W toward Austin. Continue on US-290 W for about 64.6 mi

Take the Farm-To-Market Road 389 exit. Turn left onto FM389 W/Prairie Lea St

Continue to follow FM389 W for about 10.5 mi. The Ashram will be on your right - 12200

### From Austin International Airport (AUS):

Get on TX-71 E/Hwy 71 E from Presidential Blvd. Continue on TX-71 E for about 20 mi

Turn left onto TX-21 E/TX-95 N

Turn right onto TX-21 E/Chestnut St. Continue to follow TX-21 E for 12.4 mi

Turn right to merge onto US-290 E toward Giddings/Paige. Drive about 33.0 mi

Turn right onto FM2502. Drive about 6.3 mi

Turn right onto FM389 W. The Ashram will be on your right - 12200

### From Dallas Fort Worth International Airport (DFW): 3hr 55min

Get onto TX-97/International Pkwy Spur. Continue for about 3 mi

Take TX-183 W, I-35W S, I-35 S and TX-6 S to FM 50 S 2 h 36 min (173 mi)

Turn left onto FM 50 S 17 min (16.6 mi). Turn right onto TX-21 W 1 min (1.5 mi)

Continue on FM 50 S to Brenham 40 min (38.8 mi)

Follow TX-36 S and US-290 E to Feeder Rd in Brenham. Exit from US-290 E 3 min (2.3 mi)

Drive to FM389 W. The Ashram will be on your right - 12200

## Public Transportation

There is no public transportation available at this time

## On-Site Accommodations

Dormitory-style accommodations will be available on-site for a yet-to-be-determined number of guests. We would like to convert the 5-bay garage into housing for around 50 guests. If staying on-site is high on your priority list, please contribute what you can to the remodeling effort. Converting the garage into housing in just a few short months will be a substantial undertaking, and is anticipated to cost around \$25,000. In addition to remodeling costs, the cost for each bed, mattress, and linens is estimated to be \$325.

## Off-Site Accommodations

The contact information for local hotels is listed below. You must make your own reservations, and do so quickly. There is another major event going on in the area during our program, and many hotels are already sold out. If you are unable to get a room, let us know; we have blocked some non-smoking double rooms at a low-cost hotel (\$105/night) in Brenham in the event you're unable to find a room at the place of your choice.

If you'd like to find a roommate with whom to share a hotel room, please use the "Ride and Room Sharing" section of the event page at [http://kriya.org/calendar\\_event.php?id=3519](http://kriya.org/calendar_event.php?id=3519)

Comfort Inn (11.9 miles away)  
2350 S Day St, Brenham, TX 77833  
Phone: (979) 421-8100

La Quinta Inn (12 miles away)  
2950 Wood Ridge Blvd, Brenham, TX 77833  
Phone: (979) 836-5551

Hampton Inn (11.4 miles away)  
2605 Schulte Blvd, Brenham, TX 77833  
Phone: (979) 337-9898

America's Best Value Inn (13.4 miles away)  
2217 S Market St, Brenham, TX 77833  
Phone: (979) 836-1300

Executive Inn (26 miles away)  
3556 E Austin St, Giddings, TX 78942  
Phone: (979) 542-5791

Ramada Inn (26 miles away)  
4002 E Austin St, Giddings, TX 78942  
Phone: (979) 542-9666

Motel 6 (26 miles away)  
3556 E. Austin St., Giddings, TX  
979-542-5791

Note: 15% discount rate for Kriyavans. Please mention Temple of Compassion



---

## Temple of Compassion Donation Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Donation Type and Amount:

☐ Temple of Compassion      Amount: \_\_\_\_\_

Method of Payment:

☐ Personal check or money order, made payable to Kriya Yoga Institute

☐ Online payment through my bank

Please print out this form and mail it, along with your donation, to:

Kriya Yoga Institute

24757 SW 167<sup>th</sup> Avenue

Homestead, FL 33031-1364

(305) 247-1960