

# **Program Schedule**

## Temple of Peace – Foundation Day Retreat Oct 8 – 10th

#### OCTOBER 8th - SATURDAY

5.30 am Yoga Asanas – Dhyhanandaji

6.00 am Meditation - 1<sup>st</sup> Kriya – Suresh Baba

8.00 am Breakfast8.30 am Registration

9.00 am Fire Ceremony (Havana) – Navaratri - 7th day of Divine Mother Worship

12:30 pm Lunch

1.30 pm Rest / Book Sales / Reading / Contemplation

2:30 pm Opening Ceremony, Class/Divine Talk - Suresh Baba

4:00 pm Break

4:30 pm Meditation – 1st Kriya (Srinidhi baba) 2nd Kriya (SPA)

6:00 pm Dinner

7:30 pm Group Gathering - Sharing Stories of Gurudev and Guruji - All Teachers.

8:30 pm Retire

### OCTOBER 9<sup>TH</sup> - SUNDAY

5.30 am Yoga Asanas – Dhyhanandaji

6.00 am Meditation - 1<sup>st</sup> Dhyanandaji , 2<sup>nd</sup> Kriya - SPA

8.00 am Breakfast

9.00 – 9.30 Teleconference Talk by Srinidhi Baba

9.30 am Fire Ceremony (Havana) – Astami – Auspiscious 8th day of Divine Mother Worship

12:30 pm Lunch

1.30 pm Rest / Book Sales / Reading / Contemplation

2:30 pm Class/Divine Talk - Suresh Baba

4:00 pm Break

4:30 pm Meditation – 1<sup>st</sup> Kriya (Srinidhi Baba) 2<sup>nd</sup> Kriya (Suresh Baba)

6:00 pm Dinner

7:30 pm Group Gathering - Sharing Stories of Gurudev and Guruji - Suresh Baba & Srinidhi Baba.

8:30 pm Retire

#### OCTOBER 10TH - MONDAY -

5.30 am	Yoga Asanas – Dhyhananda	ווכ
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6.00 am Meditation - 1st Dhyanandaji , 2nd Kriya - SPA

8.00 am Breakfast

9.00 am Fire Ceremony (Havana) - Vijaya Dashami - Auspiscious 10th day of Divine Mother Worship

12:30 pm Lunch

1.30 pm Rest / Book Sales / Reading/ Contemplation

2:30 pm Foundation Day Ceremony - Divine Talk - All Teachers & Committee Volunteers

4:00 pm Break

4.30 pm Meditation – 1st Kriya – Suresh Baba 6.00 pm Closing Comments – ALL Teachers

7:00 pm Dinner & Close