



Friday March 24 – Sunday March 26, 2017

“Transforming Emotion into Devotion and Love”



With teachings also given by Swami Atmavidyananda along with Yogacharaya Srinidhi Baba, Brahmachari Dhyanananda and Swami Purnatmananda

Friday March 24

suggested donation: \$25.00

- 5:30 am – 7.00 am Meditation
- 7:30 – 8.30 am Breakfast & Cleanup Seva
- 9:00 – 10.00 am Class – SAV - Five causes of misery and their remedy (Yoga Sutra)
- 10.30 – 12.00 Meditation
- 12:15 – 2.00 pm Lunch & Cleanup Seva
- 2:00 – 3.00 pm Self-Study & Contemplation
- 3.15 – 4.15 pm Q & A /discussion
- 5:15 – 6.15 pm Class - YSB
- 6:30 – 7.30 pm Meditation
- 8.00 – 9.00 pm Dinner & Cleanup Retire

Saturday, March 25

suggested donation: \$25.00

- 5:30 am – 7.00 am Meditation
- 7:30 – 8.30 am Breakfast & Cleanup Seva
- 9:00 – 10.00 am Class – SAV - Five causes of misery and their remedy (Yoga Sutra)
- 10.30 – 12.00 Meditation
- 12:15 – 2.00 pm Lunch & Cleanup Seva
- 2:00 – 3.00 pm Self Study & Contemplation
- 3.15 – 4.15 pm Devotional Singing/Music
- 5:15 – 6.15 pm Class - BRD
- 6:30 – 7.30 pm Meditation
- 8.00 – 9.00 pm Dinner & Cleanup Retire

Sunday, March 26

suggested donation: \$25.00

- 5:30 am – 7.00 am Meditation
- 7:30 – 8.30 am Breakfast & Cleanup Seva
- 9:00 – 10.00 am Class – SAV - Five causes of misery and their remedy (Yoga Sutra)
- 10.30 – 12.00 Meditation
- 12:15 – 2.00 pm Lunch & Cleanup Seva
- 2:00 – 3.00 pm Self Study & Contemplation
- 3.15 – 4.15 pm Q & A /discussion
- 5:15 – 6.15 pm Class - SPA
- 6:30 – 7.30 pm Meditation
- 8.00 – 9.00 pm Dinner & Cleanup Retire

TO REGISTER – VISIT: www.templeofpeace.co CALL: 303-923-8895

**FOR INFORMATION - CONTACT: info@denver.kriya.org or 303-923-8895
5925 W. 1st Avenue Lakewood, CO 80226**

This retreat is open only to people who have been initiated into Kriya Yoga International