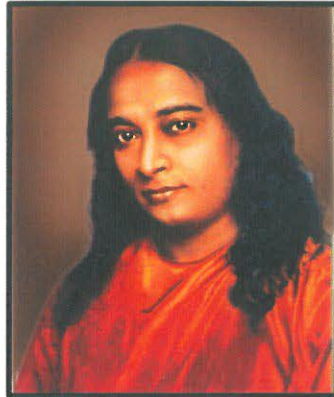


**125th BIRTH ANNIVERSARY OF
PARAMAHAMSA YOGANANDAJI
AND
KRIYA YOGA SEMINAR**



Indian Social Club, Darsait, Muscat
April 20th 2017



PARAMAHAMSA YOGANANDAJI

PUBLIC PROGRAMME

Thursday 20th April 2017, 7.30 pm to 9.00 pm
A TALK ON : 125th Birth Anniversary of Parmahamsa Yoganandaji
KRIYA YOGA – A HIGHWAY TO HEALTY & HAPPY LIVING

FOR REGISTERED PARTICIPANTS
Kriya Yoga Workshop on

Friday 21st April 2017 : 8.00 AM to 4.00 PM
Saturday 22nd April 2017 : 8.00 AM to 4.00 PM

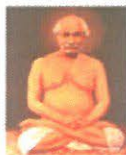
For registration & details, contact
Call/ WhatsApp +968-95739760 & +968-95301725
or email kriyayogaoman@gmail.com

 : Kriya Yoga Muscat Centre

THE LINEAGE OF KRIYA MASTERS



Mahavatar
Babaji



Lahiri
Mahasaya



Swami
Shriyukteshwar



Shri Sanyal
Mahasaya



Paramahansa
Yogananda



Swami
Satyananda

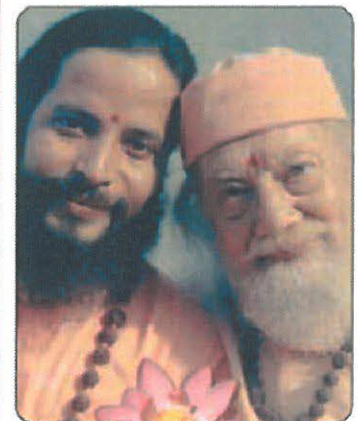


What is Kriya Yoga?

Kriya Yoga is a time tested method of living that cultivates body, mind, intellect and universal consciousness using effective yogic disciplines and meditation. It helps in keeping the body healthy, mind disciplined and intelligence sharp. Thus the practitioner lives a healthy and happy life and a life merged in universal consciousness. This in turn makes the society healthy, successful, peaceful and harmonious.

**Paramahansa Hariharananda
(1907 – 2002)**

Filled with purity and love, Paramahansa Hariharananda came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyukteshwarji, he spread Kriya Yoga and the message of love, pure and divine, both in the East and the West throughout his life.



Paramahansa Prajnanananda

His successor continues his guru's mission of spreading the lessons of healthy and conscious living and of love and care. Through every action and at all times he urges us to live in the blissful state of divine love and contentment, which is our fundamental nature and right, through basic self-discipline, right knowledge and the practice of Kriya Yoga.