

RETREAT INVITATION CHARNEY MANOR, OXFORDSHIRE, OX12 OEJ JUNE 26 -29 2017 WITH SWAMI ACHALANANDA GIRI

A wonderful opportunity to deepen your practise

Kriya Yoga UK is delighted to announce a retreat with Swami Achalanandaji at the beautiful Charney Manor Oxfordshire. The 13th century retreat

centre owned by the Society of Friends (Quakers) is a superb venue set in beautiful gardens in the lovely little village of Charney Bassett. The Manor, approximately 60 miles west of London is accessible by frequent trains from Paddington to Didcot (40 mins) and then 15 mins by taxi.

See www.charneymanor.com/where-we-are for travel details.

The retreat cost of £360 is payable when booking and includes full board, with delicious vegetarian food. There will be two days of silence where kriyavans will have a wonderful opportunity to meditate, contemplate, relax and deepen their practice.

The retreat can only be attended by those who have already been initiated into Kriya Yoga by Paramahamsa Hariharananda, Paramahamsa Prajñanananda or one of their authorised swamis or teachers.

Places are limited and will be allocated on a first come first served basis. You are advised to book as soon as possible to secure your place. Please note that if you must cancel, a cancellation fee may be charged if we cannot resell your place.

Swami Achalananda Giri

Prior to taking his monastic vows, Swami Achalananda was known as P. Shrihari Aiyer. He was born in 1966 in Koduvayoor, a village in the State of Kerala (South India). After obtaining his degree in mechanical

engineering, he worked for thirteen years in the petroleum industry in India and Kuwait. He returned to India in the year 2000 and received initiation into Kriya Yoga from his beloved Master

Rriya Yoga from his beloved Master Paramahamsa Prajnanananda. He then went on to complete a master's degree in computer science in the USA.

In 2004, he again met Paramahamsa Prajnanananda at a Kriya Yoga retreat in the USA and shortly afterwards followed him to India, where he participated at a

Residential Brahmachari Course at Prajnana Mission. Following this course, he decided to renounce the material world and retired to the Hariharananda Gurukulam in Balighai (Puri), India.

He was initiated into brahmacharya in February 2009 with the name Brahmachari Dhiranananda and in February 2012, his Master initiated him into monkhood with the new name Swami Achalananda Giri.

At present, Swami Achalananda resides at the Jagatpur Ashram in India, where he serves as Secretary and Administrator for Prajnana Mission. Occasionally he travels outside India to participate at events and to spread the holy science of Kriya Yoga and the teachings of his Masters

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RETREAT SCHEDULE GUIDE

Monday 26th June

14:00	Arriva	time
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- 15.30 Afternoon Tea
- 17:00 Guided Meditation
- 18:30 Dinner
- 19:30 Teachings / Q&A
- 20:30 Retire / Quiet Time

Tuesday 27th and Wednesday 28th June

- 06:15 Guided Meditation
- 08:00 Breakfast
- 09:30 Kriya Yoga teachings
- 10:45 Tea Break
- 11:15 Guided Meditation
- 13:00 Lunch
- 14:00 Rest / Private Time
- 15:30 Afternoon Tea
- 17:00 Guided Meditation
- 18:30 Dinner
- 19:30 Teachings / Q&A
- 20:30 Retire / Quiet Time

Thursday 29th June

- 06:15 Guided Meditation
- 08:00 Breakfast
- 09:30 Kriya Yoga teachings
- 10:45 Tea Break
- 11:15 Guided Meditation
- 13:00 Lunch
- 14.00 End of retreat/Depart Charney Manor

P.S. We reserve the right to alter the programme schedule

Kriya Yoga UK is a Registered Charity in England & Wales, Number 1119701 Kriya Yoga UK is a Company Limited by guarantee, registered in England Number 6243130 Registered Office: Flat 22 Overstrand Mansions, Prince of Wales Drive, London, SW11 4EZ



RETREAT BOOKING FORM

Name	
Address	
Email:	
Phone	
Signatur	e and Date:

Please complete the booking form, scan and email to kriyayogauk@btconnect.com Payment of 360 pounds sterling can be made by BACS to Kriya Yoga Account. Please email for account details.

Alternatively, you can post the completed Booking Form to Kriya Yoga UK, Flat 22 Overstrand Mansions, Prince of Wales Drive, London SW11 4EZ along with a signed and dated cheque for 360 pounds' sterling.