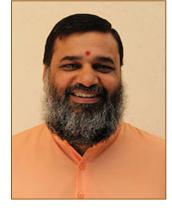
Kriya Yoga: Meditation Pathway to the Divine

Friday, Saturday and Sunday June 16, 17, and 18, 2017









with Swami Atmavidyananda Giri and Yogacharya Richard Peterson

Friday, June 16

7:00 - 8:30 pmFree public lecture

Saturday, June 17

9:00 am - 12:30 pmRegistration and Initiation

12:30 - 3:00 pmLunch

Techniques Class 3:00-4:30 pmMeditation

5:00 - 6:00 pm

Sunday, June 18

9:00 am - 11:00 pm Technique Review

11:00 am - 12:00 pmMeditation 12:00 - 2:30 pmLunch

Discourse/Q&A 2:30 - 3:30 pmMeditation 3:30 - 4:30 pm

Space is limited.

Please call for reservation and pricing information: Judy: 818-585-4866, e-mail: kriyalosangeles@gmail.com

Location

Param Yoga Healing Arts Center 21750 Devonshire St., Chatsworth, CA 91311

For more information, visit the Kriya Los Angeles website at

KriyaLosAngeles.org



WHAT IS KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, kri, is done by ya, the indwelling soul. It is a universal spiritual discipline that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA (1907-2002) - (photo on the right)

filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyukteshwarji and Paramahamsa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJÑANANANDA (photo on the left)

his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS





