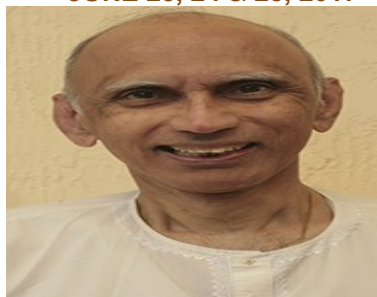


THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

JUNE 23, 24 & 25, 2017



with

YOGACHARYA BHADRAYU PANDYA

June 23 2017; Friday
7:15 -8:45 PM

Public Lecture, All are welcome! Free entry !

Introduction to Kriya Yoga

Venue for Friday event:

Room 401

City Centre Library, 10350 University Dr.,

Surrey, BC V3T 4B8

June 24, 2017; Saturday *

9:00-10:00 AM

10:00AM – 1:00 PM

01:00 PM – 2:00PM

2:00 PM – 4:00 PM

Registration*

Initiation**

Lunch Break

Detailed explanation of technique and

Guided Meditation

June 25, 2016; Sunday*

9:00AM-12:30PM

12:30PM – 2:00PM

2:00 PM – 4:00 PM

Technique review and Guided Meditation

Lunch Break

Q & A , Teachings, Guided Meditation

Venue for Saturday & Sunday

Ram Mandir

#12 - 8473 124 Street

Surrey, British Columbia,

BC V3W 5Y5

Questions or Concerns ?

Contact: Sadhna or Kailash

WhatsUp +1-604-719-8111,

Mobile: 604-719-8111

info@vancouver-bc.kriya.org

Important Information :

- ***Saturday and Sunday events are open ONLY to the individuals who are willing to be initiated on Saturday morning** or who have already been taken initiation into Kriya lineage of Paramahamsa Hariharananda and Paramahamsa Prajnanananda previously.
- ****An offering and donation will be required from each individual being initiated.** (To know more about initiation process pl visit- http://kriya.org/about_initiation.php or contact us)
- Previously initiated Kriyavans attend for free by confirming attendance by June 20.
- Please bring a pen and a diary to take notes.
- For Friday free library parking at library when you punch your plate number to library counter or paid parking @ 1.50/hr beneath new city hall plaza more on - <http://www.surreylibraries.ca/location-hours/4682.aspx>
- Sat & Sunday: Free Parking. Please enter into Cul-de-sec at the junction of 124th st and 84 Ave to get to the event location.
- You can bring cushion or blanket for meditation. Regular chairs, and some cushions and meditation chairs are available in temple.
- Individuals to wear modest and comfortable clothes that will allow to practice the techniques. Please avoid shorts, tank-tops, or revealing clothes.
- Please avoid wearing perfume as others may have perfume intolerance
- More info on Kriya Yoga @ <https://learn.kriya.org/> & www.kriya.org, More info on Yogacharya @ - <http://kriya.org/yogacharya/yogacharya-bhadrayu-pandya/en>



KRIYA YOGA

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect, and awareness of the soul using powerful meditative and yogic disciplines. It helps us to experience the three divine qualities of light, vibration, and sound by using techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness and to change our lives. Kriya Yoga teaches that any action, *kri*, is done by *ya*, the indwelling soul. It is a universal **spiritual discipline** that crosses all divisions and boundaries.



PARAMAHAMSA HARIHARANANDA

(1907-2002) - (photo on the right) filled with purity and love, came from a long, unbroken line of masters, ultimately attaining nirvikalpa samadhi, the highest goal of a realized yogi. A disciple of Swami Shriyuktेश्वarji and Paramahamsa Yoganandaji, he spread Kriya Yoga to the East and West.

PARAMAHAMSA PRAJNANANANDA

(photo on the left) his successor, continues his mission teaching one lesson: the lesson of love. Through every action and breath, he urges us to realize that we all are divine and to achieve that blissful state of divine love and contentment through basic self-discipline and the practice of Kriya Yoga.

LINEAGE OF MASTERS

