



PUBLIC LECTURE AND INITIATION INTO KRIYA YOGA



Friday, July 14 – Sunday, July 16, 2017

What is Kriya Yoga?

Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect and awareness of soul. Kriya Yoga teaches that any action *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that permeates the deepest levels of consciousness and changes our lives.

Saturday, July 15th

8:30 am Registration
9:00 am-5:15 pm –
Initiation
Teaching
Meditation
Vegetarian Lunch

Friday: July 14th

7:00-9:00 Public Lecture

Open to All

Topic:

Kriya Yoga:

The Ancient Science of Meditation

~ Donations Welcome ~

Sunday, July 16th

8:30am-5:15pm
Teaching
Questions/Answers
Meditation
Vegetarian Lunch

Location :

Temple of Peace – 5925 W. 1st Ave., Lakewood, CO 80226

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website: www.templeofpeace.co