



## PUBLIC LECTURE AND INITIATION INTO KRIYA YOGA



**Friday, August 11 – Sunday, August 13, 2017**

### *What is Kriya Yoga?*

**Kriya Yoga is an ancient method of living and meditation that cultivates body, mind, intellect and awareness of soul. Kriya Yoga teaches that any action *kri*, is done by *ya*, the indwelling soul. It is a universal spiritual discipline that permeates the deepest levels of consciousness and changes our lives.**

**Friday: August 11th**

**7:00-9:00 Public Lecture**

**Open to All**

**Topic:**

**Kriya Yoga:**

**The Ancient Science of Meditation**

**~ Donations Welcome ~**

**Saturday,  
August 12th**

8:30 am Registration

9:00 am-5:15 pm –

Initiation

Teaching

Meditation

Vegetarian Lunch

**Sunday,**

**August 13th**

8:30am-5:15pm

Teaching

Questions/Answers

Meditation

Vegetarian Lunch

**Location :**

Temple of Peace – 5925 W. 1<sup>st</sup> Ave., Lakewood, CO 80226

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