



Temple of Compassion

12200 FM 389, Burton, Texas 77835

Foundation Day Program Saturday, Sept 23 to Tuesday, Sept 26, 2017



What to Wear / Bring

The average daily temperatures for Burton are 87-90 degrees for a high and 68-73 degrees for a low. Texas weather is known for its unpredictability. It can be hot and humid, and you'll need to drink a lot of water to stay hydrated. We will have drinking water available, but if you bring your own water bottle to refill, it will eliminate waste. Sunscreen and eco-friendly bug repellent for mosquitos and no-see-ums are highly recommended. We ask that you bring only biodegradable soaps and shampoos to protect our environment.

Please wear modest clothes suited to the meditative atmosphere. Back, chest, legs, arms, etc. should be decently covered. Wear long pants and shirts with sleeves (elbow length is okay). Yoga and workout clothes, transparent clothes, tank tops and shorts are not appropriate. Bring flip-flops or slip-on shoes, but also bring sturdier, protective shoes suitable for walking if you plan to walk through the pastures or down by the creek.

Other necessities include a flashlight, earplugs, and an eye mask.

Please do not bring expensive jewelry or valuables. Neither the Kriya Yoga Institute nor the Temple of Compassion will be responsible for loss of any jewelry or valuables.

Do you need a ride from the airport?

You might be able to carpool with others who are coming. If you can offer a ride, or if you need a ride, post a message in the "Ride and Room Sharing" section of the event page at http://kriya.org/calendar_event.php?id=3519

Parking

There will be plenty of parking available at the ashram, and areas will be clearly marked. We ask that you park only in the areas identified. Parking attendants will provide guidance as necessary.

Tentative Program Schedule

(Activities and time slots are subject to change. Check for an updated schedule upon arrival.)

Saturday, September 23, 2017

7:00 - 10:00 pm Program "Our Eternal Quest: the Science of Soul Culture" at India House in Houston

Sunday and Tuesday, September 24 and 26, 2017

5:30-6:00 Yoga Asana Class
6:00 – 7:00 Guided Meditation
7:30 – 8:30 Breakfast and Clean-up
8:30 – 9:30 Seva
9:30 – 10:30 Class
10:45 – 12:00 Guided Meditation
12:15 – 1:30 Lunch and Clean-up
1:30 – 3:00 Rest/Contemplation/Seva
3:00 – 4:00 Class
4:30 – 5:30 Satsang or Q&A
6:00 – 7:30 Guided Meditation and Arati
8:00 – 9:00 Dinner and Clean-up
9:00 – 9:30 Bhajans
9:30 Retire

Monday, September 25, 2017

5:30-6:00 Yoga Asana Class
6:00 – 7:00 Guided Meditation
7:30 – 8:30 Breakfast and Clean-up
8:30 - 12:30 Fire Ceremony/Puja/Meditation
12:30 – 2:00 Lunch and Clean-up
2:00 – 3:00 Rest/Contemplation/Seva
3:00 – 5:30 Cultural Program
6:30 - 7:30 Guided Meditation
8:00 – 9:00 Dinner and Clean-up
9:00 - 9:30 Bhajans
9:30 – Retire

Questions?

Contact the Temple of Compassion at templeofcompassion@kriya.org or call us at (979) 530-3544.

Program in Houston on Saturday, September 23, 2017

Our program begins with a discourse and celebration for the 125th Birth Anniversary of Paramahansa Yoganandaji. Join us for "Our Eternal Quest: the Science of Soul Culture", from 7-10 pm at the India House located at **8888 West Bellfort Blvd Houston, TX 77031**. There will be a cultural program, distinguished speakers, and dinner.

Driving Directions

From Houston George Bush International Airport (IAH): 1hr 20 min

Get on TX-8 Beltway W/Sam Houston from John F Kennedy Blvd. Drive for about 11.5 miles on TX-8

Take the exit onto US-290 W toward Austin. Drive for about 57.3 mi

Take the Farm-To-Market Road 389 exit. Turn left onto FM389 W/Prairie Lea St

Continue to follow FM389 W for about 10.5 mi

The Ashram will be on your right - 12200

From Houston Hobby Airport (HOU): 1hr 45 min

Get on I-45 N from Airport Blvd and Monroe Rd

Take exit 48B on the left for Interstate 10 W toward San Antonio. Merge onto I-10 W

Take exit 763 for Interstate 610 South S/Interstate 610 North N and merge onto I-610 N

Take the exit toward US-290 W toward Austin. Continue on US-290 W for about 64.6 mi

Take the Farm-To-Market Road 389 exit. Turn left onto FM389 W/Prairie Lea St

Continue to follow FM389 W for about 10.5 mi. The Ashram will be on your right - 12200

From Austin International Airport (AUS): 1hr 28 min

Get on TX-71 E/Hwy 71 E from Presidential Blvd. Continue on TX-71 E for about 20 mi

Turn left onto TX-21 E/TX-95 N

Turn right onto TX-21 E/Chestnut St. Continue to follow TX-21 E for 12.4 mi

Turn right to merge onto US-290 E toward Giddings/Paige. Drive about 33.0 mi

Turn right onto FM2502. Drive about 6.3 mi

Turn right onto FM389 W. The Ashram will be on your right - 12200

From Dallas Fort Worth International Airport (DFW): 3hr 55min

Get onto TX-97/International Pkwy Spur. Continue for about 3 mi

Take TX-183 W, I-35W S, I-35 S and TX-6 S to FM 50 S 2 h 36 min (173 mi)

Turn left onto FM 50 S 17 min (16.6 mi). Turn right onto TX-21 W 1 min (1.5 mi)

Continue on FM 50 S to Brenham 40 min (38.8 mi)

Follow TX-36 S and US-290 E to Feeder Rd in Brenham. Exit from US-290 E 3 min (2.3 mi)

Drive to FM389 W. The Ashram will be on your right - 12200

Public Transportation

There is no public transportation available at this time.

On-Site Accommodations

Limited dormitory-style accommodations will be available on-site.

Off-Site Accommodations

The contact information for local hotels is listed below. You must make your own reservations, *and do so quickly*. There is another major event going on in the area during our program, and many hotels are already sold out.

If you'd like to find a roommate with whom to share a hotel room, please use the "Ride and Room Sharing" section of the event page at http://kriya.org/calendar_event.php?id=3519

America's Best Value Inn (13.4 miles away)

2217 S Market St, Brenham, TX 77833

Phone: (979)337-9898

- Double room \$105/night

Ramada Inn (26 miles away)

4002 E Austin St, Giddings, TX 78942

Phone: (979)542-9666

- Double room \$139/night

Prairie Wind Farm (5.8 miles away)

4507 Havemann RD, Carmine, TX 78932

Phone: (979)278-3208

- Double room is \$120/night

Hempstead Country Inn & Suites (27 miles away)

44113 Austin Branch Rd, Hempstead, TX 77445

Phone: (979)826-0310

- Room with 2 Queen Beds \$135/night

Far View Bed and Breakfast Estate (11 miles away)
1804 S Park St, Brenham, TX 77833
Phone: (979)836-1672

- Double room (suite) \$158/night

The Oak Motel (22 miles away)
227 S Jefferson St, La Grange, TX 78945
Phone: (979)968-3133

- Double room \$129/night



Temple of Compassion Donation Form

Name:

Address:

Email:

Phone:

Donation Type and Amount:

Temple of Compassion Amount: _____

Method of Payment:

- Personal check or money order, **made payable to "Kriya Yoga Institute"**
- Online payment through my bank

Please print out this form and mail it, along with your donation, to:

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