



# The Ancient, Scientific Teachings of Kriya Yoga Kriyavan Intensive Program

**Participants Must Already be Initiated into Kriya Yoga in the Lineage of  
Paramahansa Hariharananda & Paramahansa Prajnanananda**

AUGUST 12 - SATURDAY Agenda			
Morning Session	6:30–8:00	Guided Meditation	2 <sup>nd</sup> Kriya ONLY
	8:45–9:45	Guided Meditation	1 <sup>st</sup> Kriya
	10:00–11:00	Spiritual Discourse	TOPIC: <i>Food and the Mind</i>
	11:00–Noon	Guided Meditation	1 <sup>st</sup> Kriya
Afternoon Session	Noon–1:00	Lunch Potluck Vegetarian Meal	
	1:00–1:30	Book Sale & Cleanup	Cash and Check ONLY
	1:45 – 2:45	Q&A	Spiritual Discussion
	2:45 – 4:15	Spiritual Discourse & Song	TOPIC: <i>Food and the Mind</i>
	4:30 – 5:30	Guided Meditation	1 <sup>st</sup> Kriya

JANUARY 13, 2018  
Must RSVP No Later than Friday, January 12, 2018

3313 East Kachina Drive, Phoenix 85044

Please use this below checklist to ensure your Participation in this program provides a relaxed foundation of joy, learning and personal growth.

Upon Arriving Saturday, January 13:

- ✓ KRIYAVANS Pay a Minimum \$30 Fee.
- ✓ Fee to be Paid PRIOR to participating in program.
- ✓ If paying by check or money order, please pay with two (2) checks.
  - 1) \$20 to TEMPLE OF PEACE.
  - 2) \$10 to LINDA SELIGMAN, Phoenix Center Support Fee.

**KRIYA YOGA CENTER OF PHOENIX IN ARIZONA**

For Information and Sign-Up

Call 480-363-3840, or email [info@phoenix.kriya.org](mailto:info@phoenix.kriya.org)

