



Higher Kriya Yoga Retreat, June 06 - 11, 2018
with Swami Achalananda Giri, Swami Mangalananda Giri,
Yogacharya Claudia Cremers and Yogacharya Uschi Schmidtke



June 05: 7.00pm Meditation, 8:30 Dinner

June 06, 2018 We	June 07-10, 2018 Thu-Su	June 11, 2018 Mo
05:45 Chanten / Chanting	05:45 Chanten / Chanting	05:45 Chanten / Chanting
06:00 Meditation	06:00 Meditation	06:00 Meditation
07:30 Frühstück / Breakfast Abwasch / Clean up	07:30 Frühstück / Breakfast Abwasch / Clean up	07:30 Frühstück / Breakfast Abwasch / Clean up
10:00 Einweihung in den 2. Kriya/ Initiation into 2nd Kriya und/ and Meditation	08:30 Seva* 09:30 Klasse II / Class II *2 -10:30	08:30 Seva* 09:30 Klasse II / Class II *2 -10:30
13:00 Mittagessen / Lunch Abwasch / Clean up	11:00 Meditation	11:00 Meditation
15:30 Video	13:00 Mittagessen / Lunch Abwasch / Clean up	13:00 Mittagessen / Lunch Abwasch / Clean up
17:00 - 18:00 Klasse I / Class I *1	15:30 Video	
18:30 Meditation	17:00 - 18:00 Klasse I / Class I *1	
20:00 Abendessen / Dinner Abwasch / Clean up	18:30 Meditation	
	20:00 Abendessen / Dinner Abwasch / Clean up	
June 08, Friday – special evening programme (to be announced)		
<i>Programmänderungen vorbehalten / Programme schedule is subject to change</i>		
* Seva = freiwillige Mithilfe / selfless service		
* ₁ Class I = Vortrag / Lecture oder/or Satsang		
* ₂ Class II = Fragen & Antworten / Question & Answer; Spaziergang / Hiking		

Retreat Information:

Simple accommodation at the Kriya Yoga Centre available. (more bedded rooms / dormitory)	Vegetarian cuisine. Mealtimes: after the morning, noon and evening meditation.
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This unique retreat at the Kriya Yoga Centre Vienna is a rare opportunity to learn and deepen your practice of the Higher Kriyas. Kriyavans will have the opportunity to learn and practice the advanced Kriyas, get clarifications on the techniques, as well as receive spiritual teachings and get insight into the deeper wisdom hidden in the scriptural texts.

All who have been initiated in any of the Higher Kriyas by authorized teachers of the lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat. Second Kriya initiations are planned for those Kriyavans who have been practicing First Kriya for at least three years and have received permission prior to the retreat. Please contact us for more information about the initiation.

For the initiation into 2nd Kriya you need:

One rose flower with stem, one fruit and a donation of € 200,-.

Please bring blankets and cushions. Loose and comfortable clothing is recommended.

Registration:

To register, please use the following link:

www.kriya.org/registration

Payment:

We have 2 price options:

- a) € 64,- per day, which include the seminar, the over-night stay at the ashram and all meals or
- b) € 51,- per day, which include the seminar and all meals only

After the registration and confirmation of your seminar contribution you are most welcome to pay cash at the Tattendorf Ashram.

If you prefer to make a bank transfer in advance please see our bank data:

Bank data Austria:

Receiver: Kriya Yoga Zentrum Wien

Reference: Higher Kriya 2018

Bank name: BAWAGPSK

IBAN: AT 36 6000 0000 74201787

BIC: BAWAATWW

Bank address: A-1018 Wien, Georg Cochplatz 2, Austria

Concessions available on request

For any other requirement and/or exception to the general rules and guidelines, please contact us.



SEMINAR PLACE: KRIYA YOGA CENTRE VIENNA

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