the ancient science of breath and meditation



Kriya Yoga is a universal spiritual discipline that crosses all boundaries to cultivate body, mind and awareness of the soul. This February we are offering a unique opportunity to learn more about, as well as experience, this sacred practice.

February 23-25, 2018

fri 7pm - 8.30pm | sat. 9am - 1pm & 5pm - 8pm sun. 9am - 12pm & 4:30pm - 7:00pm

registration contact

(901) 267-2844 info@memphis.kriya.org

www.kriya.org

taught under the lineage of the realized masters

















Location: Shady Grove Presbyterian 5530 Shady Grove Rd. Memphis, TN 38120