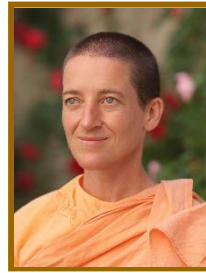


Kriya Yoga Seminar with



Swami Mangalananda Giri 27th – 29th July 2018

Friday	27.07.	18.30	Introductory Lecture	Sunday	29.07.	06.15	Meditation
Saturday	28.07.	09.00	Initiation into Kriya Yoga Explanation of technique			10.00	Meditation
		16.00	Explanation of technique Meditation			12.00	Question & Answer
		19.00	Meditation				

*Only initiated persons are allowed
to attend the Kriya Yoga Meditations*

*Initiation into the authentic Kriya Yoga: **Saturday 28th July 2018**
New initiates should participate for at least three meditations in order to reinforce their meditation technique.*

For the initiation you need:

Five flowers as a symbol of the five sense organs, five fruits as a symbol of all experiences and a donation of € 150,- as a symbol of the physical, astral and causal bodies.

Please bring blankets and cushions. Loose and comfortable clothing is recommended.

Weekend seminar fee € 116,- (including board and lodge)
Weekend seminar fee € 90,- (including board only)
*We can give a special discount to students and people with low income.
Feel free to contact us any time.*

Vegetarian cuisine.
Mealtimes: after the morning, noon and evening meditation.
(7:30am, 1:00pm, 8:30pm)

Registration under: www.kriya.org/registration



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