



International Silence - RETREAT

with

Rajarshi Peter van Breukelen and Swami Mangalananda, Yogacharias Claudia Cremers and Uschi Schmidtke

Wednesday, 7th Nov., 2018 till Sunday, 11th Nov., 2018

Dear KRIYA YOGA friends,

we are very pleased that our teachers will come again to join us for this retreat to guide us during this time through meditation. It is a very special occasion to assemble with our teachers in peace and quietness.

The retreat starts on **Wednesday, 7th Nov. at 18.00 h** and will end on **Sunday, 11th Nov.** after lunch. Participation for the entire period is obligatory.

Initiations into 1st KRIYA YOGA takes place before the opening of the retreat.

The retreat will be held, as usual, at "Familienbegegnungsstätte" Huebingen, a very nicely situated seminar location in rural atmosphere. Here, we have the possibility to rent small accommodation units for 4 – 6 persons, which can be booked as well as for self-catering as for full vegetarian board and lodging.

PRICES are per person for the entire period:

- **Self-catering** for 4 nights **including seminar fee** (remember to bring your own food, towels and Bedsheets) **255 Euro**
- **Full board and lodging** including breakfast, lunch and dinner for 4 nights, plus Bedsheets and towels **and seminar fee** **370 Euro**
- **Singleroom** **+ 20 Euro**

Please send your registration by regular mail or email to Elke and Wolfgang Lang (see footer) till the end of September. Also, for any further information and questions please contact the below mentioned tel. nos. or leave a message. We will surely return your call.

Looking forward to spending this precious time with you.

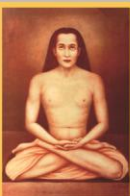
With love from your KRIYA YOGA group.

Elke and Wolfgang Lang
Im Loretscher 4
CH-7304 Maienfeld

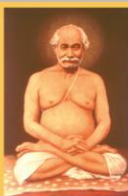
Telephone (we will call back): 0041.79 1731641
Mail: elke.lang@gmx.ch

THE LINEAGE OF THE MASTERS

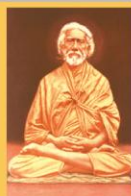
Babaji



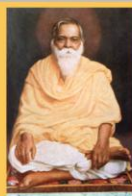
Lahiri
Mahasaya



Swami
Shriyukteshwar Giri



Sanyal
Mahasaya



Paramahansa
Yogananda



Swami
Satyananda Giri



Paramahansa
Hariharananda



Paramahansa
Prajnanananda





Registration 2018

International KRIYA-YOGA-Silence-Retreat

with Rajarshi Peter van Breukelen, Swami Mangalananda, Yogacharyas Claudia Cremers and Uschi Schmidtke

Date/Time:	Wednesday, nov. 7th – Sunday, nov. 11th 2018
Venue of the retreat:	Familienbegegnungsstätte Hübungen/Montabaur D- 56412 Hübungen/Westerwald-Germany
Internet:	www.familienferiendorf-huebingen.de

(You need to attend the whole retreat to participate!)

Registration details

Full name:			
Address:			
Country:			
Telephone Number:		fax number:	
E-mail:			
<input type="checkbox"/> I was initiated into Kriya Yoga on: _____ by: _____ or <input type="checkbox"/> I would like Initiation into Kriya Yoga: <i>Please bring 5 flowers, 5 fruits and 150 Euros donation</i>			

Lodging - please tick your requirement below:

- ☐ Full board and lodging including breakfast, lunch, dinner
for the whole period incl. your retreat-donation € 370,00
- ☐ Lodging, self-catering for the whole time incl. your retreat-donation € 255,00
- ☐ Singleroom plus € 20,00
totally for the whole time

Please send your payment to:

Nassauische Sparkasse, Nastätten, Account Elke Lang KRIYA YOGA

IBAN: DE32510500150758205916 • Swift: NASSDE55

Please ensure that the seminarfee is paid no later than **Oct. 1, 2018**, latest. Please note, that no refunds are available. Please return this form by mail to Elke Lang email: **elke.lang@gmx.ch**

+41 79 1731641 (**neue E-Mailadresse!!**)

For further information please mail or telephone Elke or Wolfgang Lang.

International KRIYA-YOGA-Silence-Retreat

7th - 11th November 2018



with Rajarshi Peter van Breukelen, Swami Mangalananda, Yogacharyas Claudia Cremers and Uschi Schmidtke

Time	Wednesday	Thursday	Friday Day of silence	Saturday Day of silence	Sunday
6.30 h - 7.45 h		Meditation	Meditation	Meditation	Meditation
8.00 h		Breakfast	Breakfast	Breakfast	Breakfast
10.00 h - 10.30 h		Lecture	Lecture	Lecture	Lecture
11.00 h - 12.30 h		Meditation I Meditation II	Meditation I Meditation II	Meditation I Meditation II	Meditation
13.00 h	Arrival/ Registration	Lunch	Lunch	Lunch	Lunch
14.00 h	Initiation 1. Kriya				End of Retreat
15.00 h		Videos	Videos	Videos	
16.30 h - 17.45 h		Meditation I Meditation II Silence	Meditation I Meditation II	Meditation I Meditation II End of silence	
18.30 h	Dinner	Dinner	Dinner	Dinner	
19.30 h	Welcome Meditation	Questions and Answers	Questions and Answers	Satsang and Concert of devotional Songs	