



The Ancient, Scientific Teachings of Kriya Yoga Kriyavan Intensive Program

Participants Must Already be Initiated into Kriya Yoga Lineage of
Paramahansa Hariharananda & Paramahansa Prajnanananda

SATURDAY Agenda			
Morning Session	6:30 – 8:00*	Guided Meditation	2 nd Kriya ONLY
	8:10 – 8:45	1 st Kriya	Arrive @ 8:10 to REGISTER
	8:45 – 10:15	Guided Meditation	1 st Kriya
	10:30 – 11:30	Spiritual Discourse	Yoga of Knowledge
	11:30 – 12:00	Meditation	1 st Kriya
Afternoon Session	12:00 – 1:00	Lunch Potluck Vegetarian Meal	
	1:00 – 1:30	Book Sale & Cleanup	Cash and Check ONLY
	1:45 – 2:45	Q&A	Spiritual Discussion
	3:00 – 4:15	Spiritual Discourse	Yoga of Knowledge
	4:30 – 5:45	Meditation	1 st Kriya
	END OF PROGRAM		

Intensive January 19, 2019

Must RSVP No Later than Friday, January 18
3313 East Kachina Drive, Phoenix 85044

Please use this below checklist to ensure your Participation in this program provides a relaxed foundation of joy, learning and personal growth.

Upon Arriving Saturday, **January 19 @ 8:10 am:**

- ✓ **KRIYAVANS Pay a Minimum \$30 Fee.**
- ✓ Fee to be Paid **PRIOR** to participating in program.
- ✓ If paying by check or money order, please pay with two (2) checks.

- 1) \$20 to TEMPLE OF PEACE.
- 2) \$10 to LINDA SELIGMAN, *Phoenix Center Support Fee.*

KRIYA YOGA CENTER OF PHOENIX IN ARIZONA

For Information and Sign-Up

Call 480-363-3840, or email info@phoenix.kriya.org

