

THE ANCIENT, SCIENTIFIC TEACHINGS OF KRIYA YOGA

**Toronto, September 27 to September 29,
2019**

Venue:

339 Traders Blvd. E

Mississauga, ON, L4Z 2E5

Closest Intersection: Kennedy Rd and Hwy401

**(Venue provided by Kriyavans Jatinder and Seema
Gupta. Contact no: (647) 299 0504)**

Directions:

From the West:

**Take Hwy 401 East, exit at Hurontario Street. Turn South on
Hurontario Street. Turn left onto Traders Blvd E.**

339 Traders Blvd E is on the left.

From the East:

**Take Hwy 401 West, exit at Hurontario Street. Turn South on
Hurontario Street. Turn left onto Traders Blvd E.**

339 Traders Blvd E is on the left.

Parking:

Parking is available at the front of the building.

Swami Sahajananda was born in a quaint village in Odisha, India. Swamiji was blessed to have *darshan* of Paramahansa Hariharanandaji while studying in college. The short meeting left an indelible mark on his mind which prompted him to look for the master when he moved to USA for work and study. In 2000, he visited the Homestead, FL ashram to meet the great Guru and with his blessings learnt Kriya Yoga meditation.

In 2010, with the blessings of Paramahansa Prajnanananda ji swamiji left his worklife and joined the monastery. In 2016, Paramahansa ji, blessed him and ordained him in the Giri order of monk hood with a name best suitable of his attitude spontaneous joy. Sahajananda means one who rejoices in the joy of Self.

Swamiji is based in Kriya Vedanta Gurukulam, the monastery in Joliet, IL