



Temple of Compassion

12200 FM 389, Burton, Texas 77835

Foundation Day Program

Monday, September 24th to Friday, September 27th, 2019



What to Wear / Bring

The average daily temperatures for Burton are 87-90 for a high and 68-73 for a low. Texas weather is known for its unpredictability. It can be hot and humid, and you'll need to drink a lot of water to stay hydrated. We will have drinking water available, but if you bring your own water bottle to refill, it will eliminate waste. We will have stainless steel water bottles for sale here during the event. Sunscreen and eco-friendly bug repellent are highly recommended.

We ask that, if possible you bring biodegradable soaps and shampoos to protect our environment.

Please wear modest dress suited to the meditative atmosphere. Back, chest, legs, arms, etc. should be covered. Wear long pants and shirts with sleeves (elbow length is okay). Yoga and workout clothes, transparent clothes, tank tops and shorts are not appropriate. Bring flip-flops or slip-on shoes, but also bring more sturdy, protective shoes suitable for walking if you plan to walk through the pastures or down by the creek.

Other necessities include a flashlight, earplugs, and an eye mask.

Please do not bring expensive jewelry or valuables. Neither the Kriya Yoga Institute nor the Temple of Compassion will be responsible for loss of any jewelry or valuables.

Do you need a ride from the airport?

You might be able to carpool with others who are coming. If you can offer a ride, or if you need a ride, post a message in the "Ride and Room Sharing" section of the event page at <https://www.kriya.org/event-details/4756/en>

WiFi

We are very sorry that, due to our rural location and extremely limited wifi, the ashram is not able to provide internet access to guests. If absolutely needed, please use your hotspot on your phone. To be sure you are covered in this location check with your provider.

Parking

There will be plenty of parking available at the ashram, and areas will be clearly marked. We ask that you park only in the areas identified. Parking attendants will provide guidance as necessary.

Questions?

Contact the Temple of Compassion at templeofcompassion@kriya.org or call us at (979) 530-3544.

Tentative Program Schedule

(Activities and time slots are subject to change. Check for an updated schedule upon arrival.)

****Please note the program Houston on Monday, September 23, 2019 and Dallas on Saturday, September 28, 2019***

Temple of Compassion Foundation Day Program 2019

TENTATIVE SCHEDULE

Monday, September 23, 2019: Guruji talk at Rice University
Herrington Hall Lecture Hall 100
6100 Main St. #306 Houston, TX 77005

For more information contact: info@houston.kriya.org

Tuesday, September 24, 2019

5:30	yoga asanas and guided meditation
7:30 - 8:30	breakfast and clean-up seva
8:30 - 9:30	registration, bookstore, seva
9:30 - 10:30	opening ceremony, welcome all, little talk about ToC
10:45	guided meditation
12:15	lunch and clean-up seva
1:00 - 3:45	registration, bookstore, rest, seva, self study
4:00 - 4:30	class
4:30 - 6:00	class - Guruji

6:15 meditation/aarti
8:15 dinner and clean-up seva
9:00 retire

Wednesday, September 25, 2019 FOUNDATION DAY

5:30 yoga asanas and guided meditation
7:30 - 8:30 breakfast and clean-up seva
8:30 Go puja, Foundation Day puja and homa
10:45 guided meditation
12:15 lunch and clean-up seva
1:00 - 3:45 registration, bookstore, rest, seva, self study
4:00 - 4:30 Song offerings, stories
4:30 class (Go Mata)
6:15 meditation/aarti
8:15 dinner and clean-up seva
9:00 retire

Thursday, September 26, 2019

5:30 yoga asanas and guided meditation
7:30 - 8:30 breakfast and clean-up seva
8:30 - 9:30 registration, bookstore, seva
9:30 - 10:30 tree planting in greenhouse
10:45 guided meditation
12:15 lunch and clean-up seva
1:00 - 3:45 registration, bookstore, rest, seva, self study
4:00 - 4:30 class
4:30 - 6:00 class/Q&A
6:15 meditation/aarti
8:15 dinner and clean-up seva
9:00 retire

Friday, September 27, 2019

5:30 yoga asanas and guided meditation
7:30 - 8:30 breakfast and clean-up seva
8:30 - 9:45 registration, bookstore, seva
10:00 guided meditation
12:15 lunch and clean-up seva
Program finishes after lunch

Saturday, September 28, 2019

Gurujī's talk in Dallas 7:00 - 9:00 pm

DFW Hindu Temple Cultural Hall

1605 N. Britain Rd.

Irving, TX 75061

For more info visit: <http://kriyayogadallas.org>



DALLAS

Invites you all for

**PUBLIC DISCOURSE BY
Paramahansa
Prajnanananda**

FREE ADMISSION

**Topic : Practical application of
Bhagavad Gita in daily life**

Celebration includes : Classical Dance, Devotional songs.
Please join us for Maha Prasad after the event.

**DATE : Saturday,
September 28, 2019
7 pm to 9 pm**

**LOCATION :
DFW Hindu Temple Cultural Hall,
1605 N Britain Road, Irving, TX- 75061.**

For more details pls visit :
<http://kriyayogadallas.org>

**If you'd like to find a roommate with whom to share a hotel room, please use the "Ride and Room Sharing" section of the event page at <https://www.kriya.org/event-details/4756/en>*

Driving Directions

Enter "Temple of Compassion" into your Google Maps App for best directions.

From Houston George Bush International Airport (IAH): 1hr 20 min

Get on TX-8 Beltway W/Sam Houston from John F Kennedy Blvd. Drive for about 11.5 miles on TX-8

Take the exit onto US-290 W toward Austin. Drive for about 57.3 mi

Take the Farm-To-Market Road 389 exit. Turn left onto FM389 W/Prairie Lea St

Continue to follow FM389 W for about 10.5 mi

The Ashram will be on your right - 12200

From Houston Hobby Airport (HOU): 1 hr 45 min

Get on I-45 N from Airport Blvd and Monroe Rd

Take exit 48B on the left for Interstate 10 W toward San Antonio. Merge onto I-10 W

Take exit 763 for Interstate 610 South S/Interstate 610 North N and merge onto I-610 N

Take the exit toward US-290 W toward Austin. Continue on US-290 W for about 64.6 mi

Take the Farm-To-Market Road 389 exit. Turn left onto FM389 W/Prairie Lea St

Continue to follow FM389 W for about 10.5 mi. The Ashram will be on your right - 12200

From Austin International Airport (AUS): 1hr 28 min

Get on TX-71 E/Hwy 71 E from Presidential Blvd. Continue on TX-71 E for about 20 mi

Turn left onto TX-21 E/TX-95 N

Turn right onto TX-21 E/Chestnut St. Continue to follow TX-21 E for 12.4 mi

Turn right to merge onto US-290 E toward Giddings/Paige. Drive about 33.0 mi

Turn right onto FM2502. Drive about 6.3 mi

Turn right onto FM389 W. The Ashram will be on your right - 12200

From Dallas Fort Worth International Airport (DFW): 3hr 55min

Get onto TX-97/International Pkwy Spur. Continue for about 3 mi

Take TX-183 W, I-35W S, I-35 S and TX-6 S to FM 50 S 2 h 36 min (173 mi)

Turn left onto FM 50 S 17 min (16.6 mi). Turn right onto TX-21 W 1 min (1.5 mi)

Continue on FM 50 S to Brenham 40 min (38.8 mi)

Follow TX-36 S and US-290 E to Feeder Rd in Brenham. Exit from US-290 E 3 min (2.3 mi)

Drive to FM389 W. The Ashram will be on your right - 12200

Uber

Uber is available from the airports TO the ashram but NOT from the ashram to the airports. The cost is between \$100 and \$120 approximately.

Enterprise Rent-a-Car

It is possible to rent a car from Enterprise Rent-a-Car at any of the airports and drop it off at the Enterprise in Brenham and rent a car to return to the airport at the end of the program. Contact the Brenham Enterprise for prices and to schedule free transportation to and from the store to the ashram.

(979) 830-8500

1820 US - 290 West
Brenham, TX 77833

Enterprise.com

Public Transportation

There is no public transportation available at this time

On-Site Accommodations

Limited dormitory-style accommodations will be available on-site.

Off-Site Accommodations

The contact information for local hotels is listed below. You must make your own reservations, *and do so quickly*. There is another major event going on in the area during our program, and many hotels are already sold out.

****If you'd like to find a roommate with whom to share a hotel room, please use the "Ride and Room Sharing" section of the event page at <https://www.kriya.org/event-details/4756/en>***

America's Best Value Inn (13.4 miles away)

2217 S Market St, Brenham, TX 77833

Phone: (979)337-9898

- Double room \$105/night

Ramada Inn (26 miles away)

4002 E Austin St, Giddings, TX 78942

Phone: (979)542-9666

- Double room \$139/night

Prairie Wind Farm (5.8 miles away)

4507 Havemann RD, Carmine, TX 78932

Phone: (979)278-3208

- Double room is \$120/night

Hempstead Country Inn & Suites (27 miles away)

44113 Austin Branch Rd, Hempstead, TX 77445

Phone: (979)826-0310

- Room with 2 Queen Beds \$135/night

Far View Bed and Breakfast Estate (11 miles away)

1804 S Park St, Brenham, TX 77833

Phone: (979)836-1672

- Double room (suite) \$158/night

The Oak Motel (22 miles away)

227 S Jefferson St, La Grange, TX 78945

Phone: (979)968-3133

- Double room \$129/night



Temple of Compassion Donation Form

Name: _____

Address: _____

Email: _____

Phone: _____

Donation Type and Amount:

Temple of Compassion Amount: _____

Method of Payment:

- Personal check or money order, made payable to Temple of Compassion
- Online payment through my bank

Please print out this form and mail it, along with your donation, to:

12200 FM 389 RD

Burton, TX

77835